

AUCKLAND ROWING ASSOCIATION
NOVICE SPRING DASHES SERIES

REGATTA: SUNDAY 17TH OCTOBER 2010

**NORTH SHORE ROWING CLUB
LAKE PUPUKE
10:00AM -2:30PM**

Events:

1. **Novice Girls 2X Grade 'A'**
2. **Novice Boys 2X Grade 'A'**
3. **Novice Girls 2X Grade 'B'**
4. **Novice Boys 2X Grade 'B'**

This regatta is solely for the Novice rowers in your club or school, and is an exciting opportunity for novices to gain 'race experience'.

Please grade your rowers 'A', for novices who have been training for more than two months or 'B' for novices who have been training for a less than two months.

- All races will be over approx. 400 meters & raced in **RECREATIONAL BOATS** supplied by Auckland Rowing Association. (These boats are very wide, easy to row & virtually untippable).
- Each placing will progress to a final therefore giving each rower **two races**
- Boats will be rotated immediately after each race.
- All you need to do is enter, turn up in your racing uniform and row!
- No loading or rigging of boats required!

This is a great opportunity for your novice rowers to learn to line up at the start, race and enjoy the atmosphere of competition early in the season. Great spectator viewing ensures that parents, friends and family can view the entire race. A canteen will be provided by North Shore Rowing Club.

Race Conditions

All competitors must be novice class, i.e. 2010-2011 is their first season.

All events will be raced over approximately 400m.

Girls and Boys will be raced in separate events.

Only athletes and officials will be allowed in the “boat change over area”.

Every competitor must wear a singlet in their school or club colours.

All scratchings must be notified at least one hour before the start of that particular race.

Every endeavor will be made to maintain the racing structure as proposed. However, the event committee reserves the right to alter the published programme or proposed race course for any reason.

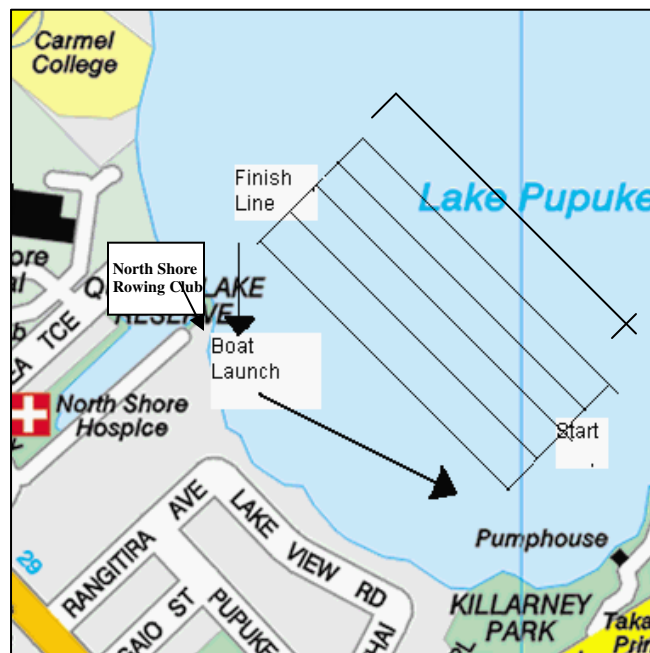
Boats to be rotated from launch area immediately after each race.

Boats and lanes will be allocated to crews by the boat Marshall.

Crews to be lined up and ready to take boats as the previous crew disembarks.

Any crew not in the marshalling area 10 minutes prior to their race will be disqualified.

Crews to return to the marshalling area immediately after racing.



IMPORTANT MESSAGE TO ALL SCHOOLS/CLUBS:

The North Shore City Council has imposed strict conditions for use of the Lake and surrounding areas on Regatta days.

Conditions affecting competing Clubs are as follows:

1. Public address systems to be restricted to information to facilitate efficient management of the event, e.g. pre-start information, race results.
2. No vehicles are allowed beyond roadways and car parks unless specifically approved for setting up and dismantling purposes.
3. Official vehicles only within the North Shore Rowing Club Area; i.e. no public parking.

We ask for your co-operation in observing these Conditions of Use.