

## WBHS JUNIOR ROWING REGATTA

LAKE PUPUKE - FRIDAY 13<sup>h</sup> February 2015

### SAFETY PLAN

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The objective of the Westlake Junior Regatta is designed to encourage rowing at a junior level. As such a friendly sporting environment is encouraged for participants in preparation for the more demanding and competitive regattas that follow. We want participants to enjoy their rowing within a safe and competitive environment.

#### Location – Lake Pupuke

The starting line will be from the North Shore Rowing Club - the ARA officials use the Rowing Club to start the races. The finish line is in the vicinity of Sylvan Park and can be accessed through Sylvan Park Ave, Pierce Ave or Dodson Ave off Kitchener Road, Milford. Access to the course is at Sylvan Park and boats are then rowed to the starting area keeping to the north side of the Lake. Separate restricted areas for launching and retrieving boats from the lake edge will be communicated at the safety meeting. **Skiff trailer access will be available from 8.00am onwards.**

### ON WATER

#### General

All racing will be rowed under the rules of New Zealand Rowing. The control of the regatta will be under the Auckland Rowing Association (ARA). It will mediate any disputes and its decision is binding. Safety rules will be monitored by ARA officials both on the water and at the boat launching area. Non-compliance will result in removal from the race. Strict attention will be paid to:

- Ⓜ Bow-balls
- Ⓜ Coxswains lifejackets
- Ⓜ Heel restraints
- Ⓜ Bow coxed boats (Coxswains exit facility)

**A pre-regatta safety meeting for all coaches, regatta officials and competitors will be held at 9:00am on the day of the regatta. Please ensure that a representative from your school is in attendance.**

During this meeting mention will be made of specific hazards relevant to the lake. Weed accumulates all over the lake and umpire and safety boats will be asked to look out for clumps of it on the race course and remove if possible. Rowers will also be made aware of it. The on water rescue procedure will be mentioned and each safety boat will receive a copy of cell phone numbers and rescue procedure. Safe practice will be stressed regarding the launching and retrieving of boats. The rocks around the lake edge are very slippery. Coaches/managers should be at the lake edge to aid rowers. Special note will be made regarding getting boats to the starting

area and keeping away from the course. The first aid will be clearly identified. The briefing will also cover weather conditions expected on the day.

The ARA will advise the name of their Representative & their Chief Umpire. The Race Committee, which will include the aforementioned ARA officials, is responsible for any decisions made to postpone or cancel racing, or alter the courses or strategy to suit the conditions on the day.

#### Safe Practices on Water

There is a clear plan (in programme & in front of communications caravan/tent) to ensure safety boats return from the finish area to the start area at NSRC. This is to prevent interference with the race course. Buoys on the water mark the edge of the rowing course. Any obstructions on the lake will be removed prior to race day.

The North Shore City Council has approved this day for the WBHS Junior Regatta – NO OTHER CODE will be on the water between 9:30am and 4:00pm. There has been a waiver for the use of outboard motors on the lake. (Not usually permitted.)

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#### Safety Boats

There will be a minimum of TWO safety boats on the lake at all times. These will have a first aid kit, which will include thermal blankets, a knife and tow rope. One of these will be the ARA's safety boat with all the required safety equipment.

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#### Umpire Boats

There will be a minimum of 3 Umpire boats on the water. Each will carry PFDs. Note. Each boat will carry spare fuel and there will also be a supply on shore at the Sylvan Park end of the lake. All officials will wear appropriate life vests.

All cell phone numbers for officials will be supplied to each boat. The ARA will supply radios for communication. These will be in working order.

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### **ON LAND**

#### Toilet Facilities and Waste Management

There are 4 toilets (2 men, 2 women) close to the kiosk. There may be additional Port-a-loos placed on the edge of the car park at Sylvan Park, ready for the HOH Regatta on Saturday. NSRC has toilet facilities. Waste management will be done under North Shore City regulations.

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First aid

There will be access to a registered 1st aider at the umpire tent

Kiosk

This will be in limited use. It has running water and power. In addition there will be a refrigeration unit and / or iceboxes for safe storage of food.

NO ALCOHOL WILL BE SOLD ON SITE.

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Traffic Control

Sylvan Park. Only trucks and boat trailers with rowing gear will be permitted on the grassed area of the park. Each truck / boat trailer will be designated an area & these positions will be compliant with NSCC regulations.

**Only nominated people will have access to the parking area.** The gates will be manned by parents of Westlake Boys High School.

Sylvan Park Ave. There is to be parking ONLY on the northern side of this road, as required by the NSCC.

Please follow the instructions of regatta officials, school Managers and Coaches.

Above all enjoy your day safely.

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