Meridian.

Meridian Canterbury Rowing Championships 2023



1. STANDARDS

All events shall be rowed according to the NZRA Rules of Racing and the Conditions of the Canterbury Rowing Association and South Island Rowing Inc. (SIRI) or as variations to those rules found within this document. The Race Committee may vary these conditions as circumstances arise.

2. CLASSIFICATION

This regatta is a major regatta for the purposes of Rule 13 of the NZRA Rules of Racing.

3. DISTANCE

2000m on a 10 lane Albano course with markers at every 500m and lanes 1-10. All masters and adaptive events will be over 1000m.

4. TIME

The regatta will commence on Saturday 14th January 2023 at 7:30am and continues on Sunday 15th January starting at 7:30am unless directed otherwise.

Racing may continue until 8:00pm Saturday and 4:00pm Sunday.

5. PROCEEDING TO START

All crews must proceed to the start on the inside of the course adjacent to Lane 1 unless specifically directed. Crews must be in the START zone at least five minutes before the advertised start time of their race. The race will take place without reference to absentees. The starter will inform the crews of the time remaining before the start at appropriate intervals.

6. START PROCEDURE

Crews are to be held in their positions two minutes before the start time. A crew that is not at the start and ready to race two minutes before the scheduled time of the race may be excluded. If it is permitted to start in the race it shall, at the discretion of the Starter, incur the penalty of a warning indicated by a Yellow Card. The start of a race may take place without reference to absentees.

THE START AREA IS A QUIET ZONE

The starting commands are stipulated in Rule 58 of the NZRA Rules of Racing.

7. NON-START RETURNS

For safety reasons, non-starters must return to Boat Park on the outside of the regatta course adjacent to Lane 10 or as directed.

Meridian.

Meridian Canterbury Rowing Championships 2023



8. NUMBERS

All boats must carry the correct LANE NUMBERS these will be Alpha Numeric numbers that will be provided by SIRI. Numbers are to be collected within 1 hour prior to racing and returned promptly after completion of the race. Any loss of numbers will incur a fee levied by SIRI. The number displayed must be that designated in the draw. The numbers must be mounted on the bow.

9. RACING COLOURS

Every competitor (excluding coxswain) must wear a uniform in club colours (see NZRA Rule 23). T-shirts or long sleeved tops may be worn under the official club uniform. The Race Committee or Chief Umpire may authorise the wearing of an alternative uniform. Crews comprising rowers from one (the same) school are permitted to row in that school's colours.

10. COXSWAINS

- (a) All Coxswains shall be weighed in rowing costume, excluding life jacket, once for the entire regatta, either on Friday evening or between one hour and two hours before their first race on Saturday ONLY. This weigh in, will apply for the whole regatta.
- (b) Minimum coxswain weight for all crews shall be 55kg. A dead weight may be added to make weight (Ref. NZRA Rules 22.3 & 22.4).
- (c) Dead weights are to be secured together or contained so that it is clearly identifiable as dead weight. Spanners and other tools are not acceptable as dead weight.
- (d) Dead weights may be check weighed at any time. If inadequate weight is carried in a race, the crew will be subject to relegation to last place in that race or other penalty imposed by the Chief Umpire.
- (e) Life-jackets coxswains must wear an approved life-jacket, suitable for their size and weight, and worn outside all other clothing. Self-inflating or automatic-inflating life-jackets are prohibited.
- (f) Coxswains are not to wear heavy cotton clothing (such as jeans or sweatshirts) but suitable clothing that will keep them warm if they become wet for example, polyprops, polar fleeces etc.
- (g) A coxswain may not compete for more than one club at any regatta, however application for dispensation may be made to the Race Committee prior to the regatta. (Ref. NZRA Rules 22.8).

11. SUBSTITUTES

(a) Prior to Regatta:

Substitutes must be advised to the Regatta Control via RowIT or the Regatta Secretary prior to the first race for the event in which the crew is entered. The entire crew may be substituted prior to its first race of the regatta.

Meridian.

Meridian Canterbury Rowing Championships 2023



(b) During the Regatta:

50% of the crew that raced in a Saturday heat may be changed for a Sunday final provided that it is notified to regatta control within 1 hour of racing finishing on Saturday.

12. SCRATCHINGS

Scratchings must be notified to the regatta secretary at least one hour prior to race start. Non-notified scratchings may incur a penalty of \$50.00 + GST.

13. PROTESTS

Any protests shall be made to the Race Umpire before leaving the boat, except in unavoidable circumstances. The protest to be confirmed in writing immediately afterwards to the Race Committee and must be accompanied by a deposit of \$20. This shall be forfeited if the protest is not upheld.

14. BOW COXED BOATS

Shall provide an opening for the coxswain at least 700 mm long and be as wide as the boat for at least 500-mm. The interior surfaces shall be smooth and without any projections that would hinder rapid egress. A fixed bulkhead shall be provided at a suitable distance from the backrest to suit the coxswain's height so they can push themselves clear of the cockpit easily.

15. BOAT WEIGHING

There will be no boat weighing. Though scales may be available during the regatta for testing purposes.

NZRA Rule 26 will not be enforced at this regatta.

16. FLAG SIGNALS

Green: Regatta is on **Yellow:** Regatta is temporarily postponed

Red: Course Closed **Blue:** Regatta is abandoned

17. TRAINING ON THE COURSE

Crews are permitted to train on Friday with the following conditions:

- (a) Be accompanied by a coach boat which must have enough PFDs on board for the crew and the coach boat must stay within 500m of the crew.
- (b) If no coach boat is in attendance the crew must carry a PFD for each crew member.

NO training will be allowed on the rowing course (course defined as the area of water that is on the start side of the finish line) for half an hour before the start or after the finish of the days racing. Any crew breaking this rule will be penalised.



Meridian Canterbury Rowing Championships 2023



During the times reserved for racing, crews wishing to train on the lake must comply with the Maritime New Zealand (MNZ) and Environment Canterbury (ECAN) Rules, be within the allowable area of the lake (see map) and Coxswains must wear their life jackets at all times while training. The SIRI Safety and Risk Management Plan also applies.

18. SAFETY

All clubs must attend a safety briefing before they will be allowed to race. The safety briefing will be held via Zoom at 8pm on Wednesday 11th January 2023 (link will be distributed to Entrants via email). Any use of the lake is subject to the Maritime New Zealand Rules and Regulations and Canterbury Regional Council Navigation Safety Bylaw 2016 and Controls.

NOTE: Non-compliance leads to penalties

Reminders:

1. All boats must have a 40mm dia. white rubber bow ball attached to the bow tip of the boat. (Ref NZRA Rule 27).

Rowing, by its very nature has an element of danger associated with it and it is the responsibility of all participants to ensure that safe practices are adhered to at all times. Safety equipment is available for the regatta only. The Safety requirements are defined in the SIRI Safety and Risk Management Document. The Safety policies and practices for rowing at this regatta are included in the New Zealand Rowing safety documents (www.rowingnz.kiwi). All participants need to be familiar with the safety documents mentioned above.

19. HEALTH and INSURANCE

Each athlete is responsibility for their own health and fitness which allows them to compete at a level commensurate with the competition level of the particular event. Equipment owners must carry adequate and comprehensive accident and property insurance covering their persons, equipment and property.

20. DISCLAIMER

The Canterbury Rowing Association reminds all rowing organisations and rowers participating in this Regatta that while every care will be taken by the regatta officials to ensure that the regatta is conducted safely and efficiently in accordance with the Rules of Racing established by the New Zealand Rowing Association, it is the responsibility of clubs to ensure that those rules are complied with and of the rowers to comply with them to ensure safe rowing activity. Further, it is a condition of participation in this regatta that all participants accept and note that no liability either in tort or any other nature whatsoever is accepted by or will attach to the Canterbury Rowing Association, the New Zealand Rowing Association Inc or South Island Rowing Inc for any harm, damage, loss, costs, expenses, inconvenience, interference of whatever nature and whatever kind including any damage to



Meridian Canterbury Rowing Championships 2023



equipment or injury to persons of whatever nature incurred in the course of or in connection with or in any way related to the regatta regardless of whether any error or omission, wrongdoing, oversight, negligence or other tort whatsoever on the part of any regatta official or other person may be established.

21. FEES

The entry fee is \$10 plus GST per seat (excluding coxswain). This includes NZRA Levy.

This will be invoiced out at the conclusion of the Regatta.

22. ENTRIES

The closing date for entries is 10pm Tuesday 3rd January 2023. All Entries are to be completed online at http://rowit.nz except sprint series entries (see note below). Entries are open to clubs and affiliated schools. All rowers require a Competition Licence to compete at this regatta except rowers only entered in the sprint series races.

NOTE: FAX or email Entries are not acceptable.

All questions regarding confirming entries etc may be directed to: secretary@ruataniwha.co.nz

Crews can be scratched up to an hour before the event via the Regatta Secretary or rowit.co.nz

Sprint Series Entries

These should be entered via the Secretary's Office 2 hours before the start time of the race.

23. COMPOSITE CREWS

Composite crews from any one or more Local Associations are permitted in any quad sculls, four and eight oar, octuples, and Premier double or pair events.

The composite rules do not apply to the sprint series races, any combination is allowed.

24. AGE CLASIFICATIONS

For age classifications for this regatta the reference date is 1st January 2023 (i.e. the age you are racing at the 2023 Maadi Cup or the 2023 National Championships). Grade classifications are as per the NZRA rules.

25. PROGRESSION

Heats will be run on Saturday and finals on Sunday. Any variation will be at the discretion of the race committee. Progression will be based on either time or place and for any specific event, please refer to the regatta program and day sheet for the progression to apply. Where possible B finals will be rowed.



Meridian Canterbury Rowing Championships 2023



26. NOTES

- (a) Where boats of crews are required quickly for later races, clubs are expected to arrange the takeover of the boats from the boat launching area only (not behind the dais). Clubs are expected to provide sufficient boats to avoid timing clashes.
- (b) Mobile phones or other electronic communication devices capable of receiving communication from outside the boat are prohibited from being carried in a boat whether switched on or off.
- (c) Each Club/School will need supply a boat holder coordinator unless your club/school has made prior arrangements with the SIR Boat holder convenor. The boat holder coordinator will be required to organize suitable volunteers as boat holders for 2 x 3.5-hour shifts over the weekend of the regatta.