

Canterbury Secondary Schools Regatta

CONDITIONS

The Canterbury Secondary Schools Regatta is an age group regatta using the age definitions of the NZSSRA and entries will be accepted from clubs and schools whose crews meet the requirements of those age definitions. i.e. Age at 1st January 2016 shall apply & club crews may compete. Composite crews from smaller schools will be accepted. A rower may compete in both Club and School colours.

1 STANDARDS

All events shall be rowed according to the conditions of the Canterbury Rowing Assn. with the NZSSRA Rules of Racing and the NZRA Regulations for Regattas and Directives. diligently compared. Participants should be familiar with all the relevant information.

This Regatta is conducted under the water safety code of Rowing NZ and an exemption from the requirements of MSA 91 for competitors [excluding coxswains] to wear flotation aids has been granted.

2 DISTANCE

The course is a 2000-meter lane Albano course with markers at every 500m and lanes 1-8. Eight lanes will be used for all events. Lanes are numbered from the northern side of the course.

3 TIME

The regatta will commence on Saturday March 5th at 7:30 am and continue through Sunday March 6th. Both heats & commencement of Finals will be rowed on Saturday 5th March.. Event Finals will run at eight minute intervals.

4 PROCEEDING TO START

All crews must proceed to the start on the inside of the course unless specifically directed (see Rowed Code). Crews must not proceed to the start on the course or cross the course when a race is in progress.

Crews must be in the START zone at least five minutes before the advertised start time of their race. The race will take place without reference to absentees. The starter will inform the crews of the time remaining before the start at appropriate intervals.

5 START PROCEDURE

Crews are to be held in their positions two minutes before the start time. Crews arriving late (less than 2 minutes) but before the start of the race automatically incur a penalty false start. Crews arriving after start time are liable to disqualification.

THE START AREA IS A QUIET ZONE

The starting commands are stipulated in Rule 23 in the NZRA Rules of Racing.

6 NON-START RETURNS

For safety reasons, non-starters must return to Boat Park on regatta course as directed.

7 NUMBERS

All boats must carry the correct alpha numeric LANE NUMBERS. The alpha numeric number displayed must be that designated in the draw and must read correctly to Judges during racing. No other numbers will be permitted.

A white 40mm rubber ball is to be fitted to the bow tip of the boat and shoes fitted with heel restraints (50 mm travel) all as required by the NZRA Rules of Racing and Regulations for Regattas.

8 RACING COLOURS

Every competitor (excluding coxswain) must wear a uniform in approved club or school colours. T-shirts or long sleeved sweatshirts may be worn uniformly under the official uniform provided that the colour is the same as the body of the official uniform or white. The Race Committee may authorise the wearing of an alternative singlet and/or undergarment. Prior agreement for any variation is essential.

9 COXSWAINS LIFE JACKETS

All must wear an approved type of Life Jacket at all times whether racing or training. The life-jacket is to be suitable for the coxswain's size and weight, and worn outside all other clothing. Self-inflating or automatic-inflating life-jackets are not acceptable. Penalty for non-compliance will result in the crew being removed from the race or possibly the event.

10 WEIGHTS

Lightweight rowers shall not exceed 72.5 kg for men and 59kg for women.

The minimum weight for a coxswain shall be 50kg for all events bar under 18 heavy weight events which shall be 55 kg..

Coxswains are not to wear heavy cotton clothing (such as jeans or sweatshirts) but suitable clothing that will keep them warm if they become wet – for example, polyprops, polar fleeces etc

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11 WEIGH IN

Shall be weighed in rowing costume not less than one hour and not more than two hours before their first race on each day of racing. In addition coxswains may be weighed prior to and/ or after each race in which they are competing.

12 SUBSTITUTES/SCRATCHINGS

Substitutes and scratchings must be advised on ROWIT by 10AM on Friday 4th March.

13 PROTESTS

Any objections shall be made to an Umpire, Judge or member of the Race Committee before leaving the boat, except in unavoidable circumstances. The protest to be confirmed in writing immediately afterwards to the Race Committee and must be accompanied by a deposit of \$20. This shall be forfeited if the protest is not upheld.

14 PROGRESSION

Heats will be rowed on Saturday and, following a stand-down period, Finals will be continued on the Saturday programme, the balance of the Finals will be rowed on Sunday. Weather permitting it is intended to race the Finals of Events 1-12 on the Saturday. The lanes for the finals will be determined from the Saturday heat results and repechages will not be rowed. 'B' finals may be held in events where more than 14 crews start in their heat.

15 SCRATCHINGS

All scratchings should be advised on ROWIT by 10:00 AM Friday 4th March and subsequently to Regatta Control at Lake Hood. Entry Fees for scratchings will not be refunded. All crews racing on day one are expected to race on day two.

16 BOW COXED BOATS

Shall provide an opening for the coxswain at least 700 mm long and be as wide as the boat for at least 500-mm. The interior surfaces shall be smooth and without any projections.

A fixed bulkhead shall be provided at a suitable distance from the backrest to suit the coxswain's heights so he/she can push clear of the cockpit easily. The steering mechanism must not hinder egress, by projecting into the coxswain's enclosure.

17 BOAT WEIGHT

All boats must comply with NZRA Rule 4.1

I.e. Minimum weights are:

1X	14Kg,	2X	27Kg,
2-	27Kg,	4X	52Kg,
4+	51 Kg,	8+	96Kg.

All boats should be weighed prior to the commencement of the Regatta and all may be subject to random weighing during the Regatta.

18 FLAG SIGNALS

<i>Green:</i>	<i>Regatta is on.</i>	<i>Yellow:</i>	<i>Regatta is temporarily postponed.</i>
Red	Course Closed	Blue	Regatta is abandoned

19 FEES

The entry fee is \$8-00 per seat excluding coxswain .

GST at 15% is to be added to all fees and charges.

20 SAFETY

Any use of this lake is subject to the Maritime Safety Authority Rules and Regulations and Environment Canterbury Inland Waters Navigation Safety Bylaws 2006,

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These laws are all-embracing and take precedence over all other safety related documents. Nevertheless, all crews and coaches should be conversant with the NZSSRA Safety Rules (Rule 17) and NZRA safety systems. Participant familiarization with these aspects is required.

Responsibility for going on the water lies at all times entirely with the crew. Non-compliance leads to penalties

***** *WATER SAFETY BEGINS WITH YOU* *****

Rowing, by its very nature has an element of danger associated with it and it is a responsibility of all participants to ensure that safe practices are to be used at all times.

21 DISCLAIMER

The Canterbury Rowing Assn. reminds all rowing organisations and rowers participating in this Regatta that while every care will be taken by the regatta officials to ensure that the regatta is conducted safely and efficiently in accordance with the established Rules of Racing, it is the responsibility of schools and clubs to ensure that those rules are complied with and of the rowers to comply with them to ensure safe rowing activity.

Further, it is a condition of participation in this regatta that all participants accept and note that no liability either in tort or any other nature whatsoever is accepted by or will attach to the Canterbury Rowing Assn , New Zealand Rowing Association Inc or NZSSRA for any harm, damage, loss, costs, expenses, inconvenience, interference of what ever nature and whatever kind including any damage to equipment or injury to persons of whatever nature incurred in the course of or in connection with or in any way related to the regatta regardless of whether any error or omission, wrongdoing, oversight, negligence or other tort whatsoever on the part of any regatta official or other person may be established.

22 ENTRIES

Entries close at Midnight. on **Tuesday, 23rd February 2016. Late entry into any spare lanes will open on Friday 26th February and close at midnight on Monday 29th February. Day sheets are available on Rowit after 3 PM on Thurs. 3rd March**

Entry into the regatta is only by way of ROWIT's Online Regatta Entry

B Finals will be held where the number of starters in the event exceed 24.

Note : Entries will only be accepted from holders of a NZRA Competition Licence Number.

23 PAYMENT

Should be made to Canterbury Rowing Assn, PO Box 22206 ChCh on receipt of the invoice.

24 PRE-REGATTA MEETING

The pre-regatta Safety Briefing and managers' meeting will be held at 6-15 A.M. on Saturday at the Ashburton clubhouse.. Attendance at this meeting by the club or school's Adult Safety Officer/Manager/Coach is compulsory for those wishing to compete at the regatta. A roll call will be made. Any Medical Alert forms must be brought to this meeting.

Random Drug Testing

Rowers are reminded that random drug testing may be undertaken during this regatta by the New Zealand Sports Drug Agency.

25 RACE COMMITTEE

The Regatta Committee reserves the right to change the conditions, programme, progression system or course should exceptional circumstances prevail.

26 NOTES

- 1: Age and grade classifications are those of the NZSSRA. Every competitor must hold a current NZRA Competition Licence.
- 2: Races are classified by boat type, sex, age, weight and, where applicable, ability (novices).
- 3: Although eligibility is made in accordance with Rule 2 of the NZSSRA Rules for Regattas, club and composite crews are permitted.
- 4: **In completing the entry the essential items are the crewmember's Competition Licence number and the event number they are entering.**

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***** No Licence **Number**, No Entry! *****

27: NO cell phones or other electronic communication devices (capable of permitting communication with anyone outside the boat) are permitted to be carried in a boat whether switched on or off.

28 CONDUCT OF ROWERS

These rules will be applied for any breaches on or off the water during this time and it is recommended that all members of the party be familiar with these rules. Any crew or crewmembers found guilty by the Race Committee of bringing the Regatta or Rowing into disrepute, on or off the water, may be disqualified from further participation in the Regatta.

29. SMOKING, ALCOHOL AND DRUGS

This regatta is deemed to be Smoke. Alcohol and Drug free for the participants and the CONDUCT provisions apply to any breaches.

30. SOURCE DOCUMENTATION

The source documents for this regatta are:

- The NZSSRA Rules for Racing www.schoolrowing.org.nz
- The NZSSRA Regulations for Regattas and associated appendices www.schoolrowing.org.nz
- The NZRA Rules of Racing www.rowingnz.com
- The NZRA safety systems www.rowingnz.com
- Maritime Safety Authority Rules www.msa.govt.nz
- Environment Canterbury, Inland Waters Navigation Safety Bylaws www.ecan.govt.nz