

2024 North Island Masters and Waikato Rowing Association Long Distance Race 26 May 2024

Description: This 6700m long-distance race is being run by the Legion of Rowers Incorporated. Results are based on crew prognostic times. Start at the 2000m finish, in front of the finish tower. Race around the two power pylons at 3300m-3350m mark. Finish back at the 2000m finish, out in the middle of the lake.

Conditions of Entry, Safety & Rules General

1. As a safety precaution, any non-participants of this race will be discouraged from using the area of the river advertised as the course.
2. All participants do so at their own risk and are responsible for their own safety whilst participating in the event. The Legion of Rowers accepts no liability for any accidents which occur.
3. All crews wishing to taking part must enter using the Rowit site, North Island Masters Championship.
4. Coxswains MUST wear lifejackets.
5. All rowing skiffs must comply with all FISA / RNZ rules for safety (i.e. heel restraints / bow balls). The Legion of Rowers accepts no responsibility for checking heel restraints or bow balls which shall at all times remain the responsibility of the individual crew using the skiff.
6. Each participating crew will have an identifying bow number allocated to them.
7. Every rower/competitor is to have a life belt with them in the boat.

Start Procedure:

1. Crews have been allocated a bow number based on their prognostic handicap.
2. Crews will be started from slowest to fastest crew.
3. The Starter will call your crew by bow number. When your crew is called you can start rowing so you hit the start line at racing speed. The timing device starts as you cross the start line.
4. A crew not at the start at the appropriate time or numerical order may not have a time recorded.
5. Any crew crossing the start line prior to being called will be excluded.
6. Crews must not engage in "practise starts" in the start zone.
7. Crews must obey all instructions and proceed as directed by the Starter or Safety Boat Operator.

Safety & Navigation during the race:

1. The safety of all competitors is of obvious prime concern and all participants need to be aware of the rules of river usage, particularly the need to remain on the correct side of the river, which is the Western (Finish Tower) side going up stream, and Eastern (State Highway 5) side while racing downstream, towards the Karāpiro Dam. Crews observed ignoring this rule will be excluded.
2. Should a crew member go overboard, the crew must standby to assist recovery.
3. When overtaking during racing, the overtaking boat should **not** pass between the boat being overtaken and the riverbank. The overtaking boat must always pass on the port side (stroke side or left side or middle of river) of the boat being overtaken and not on the bow side /right side of the boat being overtaken.
4. When being overtaken, **the boat being correctly overtaken must give way** to the boat attempting to overtake by moving to their bow side / closer to the shore. A failure to do so can incur exclusion.
5. This assumes that there is sufficient room to move to their bow side / right side without incident. In the event that there is insufficient room to move over, the boat being overtaken should warn the overtaking boat that they must move further out in order to complete the manoeuvre safely.
6. Any crew passing on the incorrect side does so at their own risk.

The turn:

1. Two power pylons are approximately 3300m and 3350m upstream from the start line.
2. They are between the centre of the river and the bank with the Finish Tower (Western Bank)
3. They must be rounded in the direction of the arrow below from the western bank to the eastern bank.
4. Inside boat has right of way. Attempting to pass on the inside of a boat ahead of you will incur a 20 sec penalty. You can pass the slower crew going around the outside.
5. Failure to go around both the pylons will incur exclusion.
6. You must pass over to the other side of the river (centre) and proceed back to the 2000m finish line on State Highway 5 side.
7. All boats must be on the 1000m course in any lane by the 500m mark.



The Finish:

1. On crossing the finish line all crews are to quickly move their craft away so as not to impede following boats.
2. Move away from the finish line before commencing to return to the exit pontoons.
3. Any crew heading back upstream must ensure they are as close as possible to the Karāpiro Embankment side and must pay particular attention to those other boats still racing.

Sanctions:

The Race Committee reserves the right to impose any penalties or sanctions which it considers appropriate for any transgressions of these conditions.

Known Hazards:

1. **All bridge or power pylons.**
2. **Cliffs and rocks at the water edge.**
3. **Other river users**

Please let the organisers know if there are others that we need to warn about please.