

# THE AUCKLAND ROWING CLUB MASTERS' REGATTA

## SAFETY PLAN

This regatta will be held on the first half of the surveyed 2000 metre course on the Tamaki River ( a distance of 1000 metres). The finish of each race will be at the surveyed line for 1000 metres.

All river clubs will be contacted, as well as the Harbour Master and Mt Wellington Marine Boat Stacker, Rowing NZ, permission from Auckland Rowing Association.

There will be a safety boat stationed at the 500 metre mark, on the outside of the course.

Fields will be limited to six boats.

<b>Crews proceeding to the Start and lining up.</b>	All crews must proceed to the Start keeping well to the right hand side of the river going towards the motorway, on the outside of Lane One which is the same side as the Judges' tent and Auckland Rowing Club. Crews must row beyond the Start area and line up alongside other crews with the same bow Alpha letter, where they will be brought to the Start line by a Race Umpire.
<b>Circulation pattern</b>	Each Club will be provided with a map of the circulation pattern for the regatta, which will be in an anticlockwise direction at all times.
<b>Warming Up Area &amp; Practice Starts</b>	There will be no Practice Starts on the way to the Start. Practice Starts or Warming up exercises will only be allowed beyond the Start going towards the motorway and in an anti clockwise pattern.
<b>Capsize/swamping etc</b>	Crews must stay with their boat in the event of a capsize or swamping until the arrival of a safety boat.
<b>Boat safety</b>	All boats must comply with the Rowing NZ safety requirements, in respect of bow balls, coxswain egress and heel restraints.
<b>Communication</b>	The Starters, Umpires and Safety boats will have radio communication with each other and with all regatta officials and administration.
<b>Safety Briefing</b>	A Safety Briefing will be held prior to the first race at 8am. A representative of each club participating must attend.
<b>First Aid</b>	A First Aid service will be on site for the duration of the regatta.
<b>After the Finish</b>	Having finished their race, crews must not sit on the line, but either continue rowing downriver to return to their club, or continue rowing beyond the finish line to return to the ARC pontoon in an anticlockwise and safe manner.