

**RF BENNETT MEMORIAL SHIELD REGATTA**  
**LAKE PUPUKE - SATURDAY 26 NOVEMBER 2011**

**SAFETY PLAN**

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Location

The North Shore Rowing Club on the western end of Lake Pupuke (on the extension of Northcote Road) will host the Bennett Shield. The starting line will be at this end of the lake and the ARA officials use the Rowing Club to start the races. The finish line is in the vicinity of Sylvan Park and can be accessed through Sylvan Park Ave, Pierce Ave or Dodson Ave off Kitchener Road, Milford. Access to the course is at Sylvan Park and boats are then rowed to the starting area keeping to the north side of the Lake. The northern edge of the course will be marked by buoys to keep the race course clear. Separate areas for launching and retrieving boats will be marked on the lake edge.

**ON WATER**

General

All racing will be rowed under the rules of New Zealand Rowing. The control of the regatta will be under the Auckland Rowing Association (ARA). It will mediate any disputes and its decision is binding. Safety rules will be monitored by ARA officials both on the water and at the boat launching area. Non-compliance will result in removal from the race. Strict attention will be paid to:

- Bowballs
- Coxswains lifejackets
- Heel restraints

A pre-regatta safety meeting for all coaches, regatta officials and competitors will be held at 7.00am on the day of the regatta.

During this meeting mention will be made of specific hazards relevant to the lake. Weed accumulates all over the lake and umpire and safety boats will be asked to look out for clumps of it on the race course and remove if able. Rowers will also be made aware of it. The on water rescue procedure will be mentioned and each boat will receive a laminated copy of cell phone numbers and rescue procedure. Fluorescent vests will identify all NSRC officials and safe practice will be stressed regarding the launching and retrieving of boats. The rocks around the lake edge are very slippery. Two officials will be at either site to aid rowers. Special note will be made regarding getting boats to the starting area and keeping away from the course. The St John station will be clearly identified. The briefing will also cover weather conditions expected on the day.

The ARA will advise the name of their Representative & their Chief Umpire. The Race Committee, which will include the aforementioned ARA officials, is responsible for any decisions made to postpone or cancel racing, or alter the courses or strategy to suit the conditions on the day.

### Launching and Retrieving Boats

A plan is attached showing where boats are to be launched and retrieved. This plan is included in the programme and will also be displayed in front of the communications caravan/tent at Sylvan Park. A copy will also be displayed at the North Shore Rowing Club (NSRC). The actual launch & retrieval areas on the lake edge will be marked on the day, to ensure that there is no confusion. Any changes to this due to weather conditions will be made by ARA & NSRC on the day.

These areas will be monitored by ARA officials to ensure safe practices are being adopted. All crew and coaches must comply with ARA officials.

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### Safe Practices on Water

There is a clear plan (in programme & in front of communications caravan/tent) to ensure safety white boats return from the finish area to the start area at NSRC. This is to prevent interference with the race course. Buoys on the water mark the edge of the rowing course. Any obstructions on the lake will be removed prior to race day.

The Auckland City Council has approved this day for the Bennett Shield Regatta – NO OTHER CODE will be on the water on 26 November and the NSRC has a waiver for the use of outboard motors on the lake. (Not usually permitted.)

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### Safety Boats

There will be 3 safety boats on the water at all times. These will have a first aid kit, which will include thermal blankets, a knife and tow rope. One of these will be the ARA's safety boat with all the required safety equipment.

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### Umpire Boats

There will be 4 Umpire boats on the water. Each will carry 10 PFDs.

Note. Each boat will carry spare fuel and there will also be a supply on shore at the Sylvan Park end of the lake. All officials will wear appropriate life vests.

All cell phone numbers for officials will be supplied to each boat on a laminated form. The ARA will supply radios for communication. These will be in working order.

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## **ON LAND**

### First Aid

2 St John Primary Care Officers who are able to deliver extended first aid, enhanced life support, advisory defibrillation and prepare patients for transport to hospital will be on site at Sylvan Park for the duration of the racing. Please note that North Shore Hospital is located on Lake Pupuke. Cones will clear an area on the foreshore for direct access from the water, and no road access into the park will be blocked. Gate officials will monitor this and all rowing units will park on the grass as directed by boat park managers. A well-stocked First Aid box is at NSRC with adult supervision. A public address system will enable us to announce changes in regatta format, postponement or cancellation of the event during the day.

## Toilet Facilities and Waste Management

There are 4 toilets (2 men, 2 women) close to the kiosk and there will be an additional 12 Port-a-loos placed on the edge of the car park at Sylvan Park. NSRC has toilet facilities.

Waste management will be done under Auckland City Council regulations.

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## Kiosk

This will be in full use. It has running water and power. In addition there will be a refrigeration unit and / or iceboxes for safe storage of food. There will be 2 BBQ's operating with 2 people per BBQ (wearing disposable gloves). A separate person will handle money.

NO ALCOHOL WILL BE SOLD ON SITE.

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## Traffic Control

Sylvan Park. Only trucks and boat trailers with rowing gear will be permitted on the grassed area of the park. Each truck / boat trailer will designated an area & these positions will be compliant with NSCC regulations.

Only nominated people will have access to the parking area. The gates will be manned by parents of Westlake Boys and Girls High School, who will have a list of those permitted entry.

Sylvan Park Ave. There is to be parking ONLY on the northern side of this road, as required by the ACC. There will be signage on the corner of Sylvan Park Ave and Kitchener Road advising of the Bennett Shield Regatta.

There will be a pamphlet drop in all local resident's letter boxes 10 days prior to the regatta, and cones placed on the southern side of the road after midnight. All officials will wear bright vests for easy identification.



# Bennett Shield Regatta

## Lake Circulation

