2012 Mainland Interprovincials Championships
Lake Ruataniwha
6/7th of October 2012

Outline:
The regatta will held in conjunction with, but independent of, the Concept 2 R2K Singles Regatta

Athletes who have been selected to row for New Zealand Internationally during 2011/12 may enter the Mainland Interprovincial Championships but are encouraged to row in the open class events.

Athletes should, in the first instance, compete for the Province of origin, they may however, compete for the Province in which they are domicile during winter if not required by their own Province.

Associations are restricted to no more than two entries per event

Team Structure

U 20 Team

- 8 male and 8 female rowers, with no weight restriction, and 1 coxswain for each crew.
- Members of this team are to be Under 20 on 1st Oct 2012.
- Boats classes offered are: Single, double, coxless pair, coxless four and coxless quad

Open Team

- 4 male and 4 female rowers, with no weight restriction.
- Boats classes offered are: Double, coxless pair, coxless four (men only), coxless quad (women only)

Eight

- Combination of no more than 4 open athletes plus at least 4 under 20 athletes

Day 1:

Event 1:	Men's U20 Quad	2.30pm
Event 2	Women's Open Pair	2.40pm
Event 3	Women's U20 Quad	2.50pm
Event 4	Men's Open Pair	3.10pm
Event 5	Men's U20 Four	3.20pm
Event 6	Women's Open Double	3.30pm
Event 7	Women's U20 Four	3.50pm
Event 8	Men's Open Double	4.00pm

Day 2

Event 9: Women's U20 Single	9.00am
Event 10 Men's U 20 Pair	9.15am
Event 11 Men's Open Four	9.30am
Event 12 Men's U20 Single	9.45am
Event 13 Women's U 20 Pair	10.00am
Event 14 Women's Open Quad	10.15am
Event 15 Men's U20 Double	10.30am
Event 16 Women's U20 Double	10.45am
Event 17 Men's Open Eight	11.00am
Event 18 Women's Open Eight	11.30am

The entry fee for the event is $300+ gst / Association

Entries close: **Friday 28 September 2012**

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