

2022 Mainland Interprovincial Championship Regatta

Lake Ruataniwha: 8/9th October 2022

Outline:

This regatta will be held in conjunction with, but independent of the R2K Singles Regatta. The general conditions (e.g. course details etc.) are the same as for the R2K Regatta.

Athletes who have been selected to row for New Zealand Internationally may enter the Mainland Interprovincial Championships but are encouraged to row in the open class events.

Athletes should, in the first instance, compete for the province of origin, they may however, compete for the province in which they are domicile during winter if not required by their own province.

Associations are generally restricted to no more than two entries per event. Late entries to fill any gaps will be allowed. Note that only the one crew can collect points for their province in each race; except in the M/W U20 1X & M/W U20 2- when the first two crews can collect points.

Typical Team Structure:

U 20 Team

Members: 8 male and 8 female rowers, plus cox, with no weight restriction.
This team are to be Under 20 on 1st Jan 2023.

Boats classes offered are: Single, double, coxless pair, coxless fours and coxless quad

Open Team

Members: 4 Male and 4 Female rowers, plus cox, with no weight restriction.

Boats classes offered are: Double, Coxless pair, Coxless four, Coxless quad, Eight (a combination of no more than 4 open athletes plus at least 4 under 20 athletes)

Note 1: The typical team structure was the result of extensive discussions with each Association. The intent here was to minimise the numbers of people and boats required to be transported to the Lake. However, this is a guide to each Association and should they wish to increase the numbers of crews that is at their discretion.

Note 2: It may be that Associations wish to race a coxed four in either the U20 and/or Open events. In the first instance to get points, the crews in these races must be in the boat type listed. But if all Associations are represented with the alternative boat, then a separate division will be included and points allocated accordingly.

Event Order:

Day 1:

Event 1	Men's Open Double	2.30pm
Event 2	Men's U20 Coxless Quad	2.40pm
Event 3	Women's Open Pair	2.50pm
Event 4	Women's U20 Coxless Quad	3.10pm
Event 5	Men's Open Pair	3.20pm
Event 6	Men's U20 Coxless Four	3.30pm
Event 7	Women's Open Double	3.50pm
Event 8	Women's U20 Coxless Four	4.00pm
Event 9	Men's Open Coxless Quad	4.10pm
Event 10	Mixed U20 Eight	4.50pm
Event 11	Mixed Open Eight	5.00pm

Day 2:

Event 12	Women's Open Eight	9.00am
Event 13	Men's Open Eight	9.30am
Event 14	Women's Open Coxless Four	10.00am
Event 15	Women's U20 Single	10.15am
Event 16	Men's U 20 Pair	10.30am
Event 17	Men's Open Coxless Four	10.45am
Event 18	Men's U20 Single	11.00am
Event 19	Women's U 20 Pair	11.15am
Event 20	Women's Open Coxless Quad	11.30am
Event 21	Men's U20 Double	11.45am
Event 22	Women's U20 Double	12.00pm

Entries:

Entries close: 10pm Monday 3rd October 2022

Entry: Via the rowIT entry system: <https://rowit.nz>

Entry Fees: These are invoiced directly to each Association. The fees are \$300+ GST per Association

Points: Points will be awarded on a per Association basis to the first boat representing their Association crosses the finish line. They will be accrued on a 5, 3,1 basis. No other boats will accrue any points, except in the M/W U20 1X & M/W U20 2- when the first two crews can collect points.

Start Time: The start time proposed is at 2:30pm on Saturday or as directed by the day sheet.

Trophy: The province with the highest total of points wins the "Ruataniwha Trophy".

SAFETY: Any use of the lake is subject to the Maritime Safety Authority Rules and Regulations and the latest edition of the Environment Canterbury Inland Waters Navigation Safety Bylaws.

NOTE: Non-compliance leads to penalties

Rowing, by its very nature has an element of danger associated with it and it is a responsibility of all participants to ensure that safe practices are to be used at all times. SIR safety equipment is available for the regatta only. The Safety requirements are defined in the SIR Safety and Risk Management Document. The Safety policies and practices for rowing at this regatta are included in the New Zealand Rowing safety documents. (<http://www.rowingnz.kiwi/>) All participants need to be familiar with the safety documents mentioned above.

Safety Briefing:

A pre-regatta safety meeting is to be held via Zoom at 7:30 PM on Wednesday 5th October 2022. Zoom Meeting ID: 840 5671 9068 Passcode: 430633. A representative of each Association must attend before they are allowed to race. A roll will be taken.