

TE AWAMUTU ROWING CLUB

1000m SPRINT REGATTA

Lake Ngaroto

15th November 2015

CONDITIONS

- 1) **THE REGATTA** This Regatta will be held at Lake Ngaroto and it is a one-day Regatta. The course is a still water, straight course without lanes. The distance of all the events will be approx. 1000m.
- 2) **GENERALLY** The Regatta will be conducted in accordance with the Rules of Racing and Regulations for Regattas of Rowing New Zealand (RNZ) as modified by the Te Awamutu Rowing Club in these conditions or by the Chief Umpire in exceptional circumstances in the interests of safety and/or fair competition.
- 3) **RESPONSIBILITY FOR SAFETY AND FITNESS:**
 - a. Each rower (includes coxswains) participating in this regatta is primarily responsible to ensure that his /her boat is in a safe condition to go on to the water and that his or her crew is also fit to race. Any concerns about safety or fitness are to be brought immediately to the attention of the responsible official of that rower's club or school prior to the crew taking to the water;
 - b. Club and School officials are responsible for every crew from their club/school and specifically (1) that each crew's boat is safe to go on to the water and (2) that the rowers are also fit to race. This responsibility requires particular attention in respect of age group, novice and school crews;
- 4) **WATER TRAFFIC RULES:**
 - a. The traffic rules for racing are for crews to row up to the start on the left hand side of the course, staying close to the bank on their exit from boat launch.
 - b. During racing, all crews must proceed to the start as directed and remain outside the course at all times until called in for the start of that crew's race.
 - c. No crew may cross the course except at the start when called in to race or as specifically directed by an official.
 - d. Crews must be down by the Start at least five minutes before the scheduled start time of their race.or as directed by the Marshal. The race may start up to 2 minutes before the start time without reference to absentees.
- 5) **LANES:** Lane numbers will not be used unless you can bring along your own numbers.
- 6) **COXSWAINS:**
 - a. Minimum weight 55kgs in racing uniform with a maximum of 20 Kgs dead weight permitted to make up weight;
 - b. Coxswains are not to wear unsuitable clothing such as heavy cotton or woollen clothing (e.g. jeans, sweaters or sweatshirts). They are to wear suitable clothing that will keep them warm if they become wet (e.g. poly-pros, polar fleeces etc) and which will not weigh them down in the water.
 - c. Life jackets – coxswains must wear an approved life jacket, appropriate for their size and weight, and outside all other clothing. Life jackets shall be in good condition and have the manufacturer's label and certification intact. Self-inflating or automatic-inflating life-jackets are not acceptable
- 7) **BOAT SAFETY** It is a matter of prime importance that all boats must be in a safe condition for rowing. Each crew is primarily responsible for ensuring that their boat is safe for rowing. The following are minimum standards:
 - a. All boats must have an appropriate bow ball;
 - b. Rowers' shoes must be fitted with effective individual heel-restraints (maximum 50 mm travel) and fitted so that the feet can still be easily pulled free without use of hands;
 - c. Boats with a bow-placed coxswain must have a firm platform (bulkhead) within easy reach of that coxswain's feet when sitting upright to enable the coxswain to push against if an emergency exit is required. If the coxswain cannot easily reach the bulkhead while sitting upright then suitable packing is to be used
- 8) **CELL PHONES and OTHER COMMUNICATION DEVICES** No cell phones, radio telephones or any other electronic communication devices capable of receiving a communication from anyone outside the boat are permitted to be carried in a boat whether switched on or off.
- 9) **CLASSIFICATION OF ROWERS** As defined by Rule 12 of the RNZ Rules of Racing (see Schedule)
- 10) **DIVISIONS:** Races may be run in divisions where there are more than six entries.
- 11) **SCRATCHINGS:** The regatta secretary is to be notified of any Scratchings at least 6 races in advance. No entry fees will be refunded.
- 12) **RACE STRUCTURE:** The Race Committee reserves the right to alter the published programme.

- 13) **REMINDER:** Every care will be taken by the Te Awamutu Rowing Club Inc and the Regatta Officials to ensure that the Regatta is conducted safely, fairly and efficiently. However, it is the individual responsibility of each rower and club/school official to ensure that these rules are complied with, that the rowers conduct themselves in a safe manner, and that the directions of the officials are followed.
- 14) **DISCLAIMER:** **No responsibility or liability of any kind for loss or damage arising out of the conduct of the regatta shall attach to any of the organisers of the regatta or any of the regatta officials.**
- 15) **STATUS:** This Regatta is not a classification Regatta within the Rules of the New Zealand Rowing Inc.
- 16) **ENTRIES CLOSE Sunday 8th November 2015**
- a. Entries must be received on the entry form accompanying these conditions by the closing date
 - b. **Entry fee:** \$25.00 per rower (entry fee includes an Afternoon Tea Voucher)
 - c. Entries can be emailed to: wendy@rhapsodyfurniture.co.nz
 - Faxed to: 07 871 5768
 - Or Posted to: The Regatta Secretary, Te Awamutu Rowing Club
PO Box 187, Te Awamutu 3840
 - d. **Payment of Entries:** Is due on receipt of Entry Form when submitted.
 - Payment can be made by: Cheque, payable to: Te Awamutu Rowing Club
 - By Internet Banking: Account No: 010439-0057302-01