



AUCKLAND SECONDARY SCHOOLS ROWING

78th "HEAD OF THE HARBOUR" REGATTA
Saturday 15th February 2014
Lake Pupuke



THE REGATTA CONDITIONS

1. All events will be rowed under the rules of the Auckland Secondary Schools' Rowing Association and New Zealand Secondary Schools Rowing Association Inc.
2. The classifications of NZSSRA will apply.
3. The distance in all events will be 900 metres.
4. Crews must take up their positions in the order printed in the programme; No 1 position being nearest to the starter.
5. Crews must be at the starting point at least five minutes before the starting time of their race.
6. A securely fixed bow number indicating the boat's lane number must identify all boats.
7. All races will be started by horn. A continuous sounding will denote a recall.
8. Crews proceeding to the start must keep to the northern side of the course.
9. The Regatta Committee reserves the right to alter the order and starting times in all events. If entries are received from less than three competing schools the event may be deleted from the programme.
10. Scratchings and substitutions of crew personnel **must be in writing** and handed to the Regatta Secretary before the race.
11. Crews must row in the colours of their school.
12. All coxswains must weigh in prior to the Regatta. All lightweights must weigh-in prior to their races.
Weight limits:

Coxswains: the minimum weight for a coxswain shall be 55kg for all under-18 heavyweight events.
For all other events the minimum weight shall be 50kg.

Lightweights: Boys individual maximum 72.5kg; Girls Individual maximum 59kg

Weigh in data will be recorded and may be made available to NZSSRA.
13. All ages are to be taken as at 1st January 2014
14. All coxswains must wear approved life jackets.
15. Crews must finish outside the marked buoy anchored close to the finish. Failure to do so may result in disqualification.