

MANAWATU GRUNT

6KM - Down river race

- Sunday 25 July 10.00am start from 6km upriver.
- Boats released at 30 second intervals.
- Entries close 8.45am Sunday morning. **Please email or phone your entries through so that we know how many to expect and cater for.** Rebecca Tate (06)3687815 / 0210425533
Or email - rebecca.bruce@xtra.co.nz
(All rowers must still register individually at 8.30am and complete a waiver/registration form). These can be downloaded and brought with you, or filled in on the morning of the event.
- Safety meeting 9.00am at the Manawatu Power boat club sheds. All entrants must attend this before taking to the water.
- Entry \$5.00 per person, payable at registration. No pay, no rowing.

Free BBQ sausage at the end of racing. Drinks and other items available for purchase.

Toilets for use at the Manawatu Power Boat/Ski Club sheds or port-a-loos.

Please supply a club phone number with estimated entries so that contact can be made if the regatta is moved or postponed.

PLEASE NOTE:

- Small boats (eg, singles, pairs, doubles) **must** consist of crew members who have rowed 3+ years. No college rowers will be permitted to row in small boats. Club Captains must take responsibility for ensuring that club crews in small boats are not school age rowers or have less than three years experience.

Please help us keep everyone safe.

School age rowers to be in fours, quads and eights only.

Responsibility for this requirement rests with club coaches and captains.

Instructions for getting to ski ramp:

From Levin:

Travelling towards Foxton, cross over the first bridge (the Manawatu River). Before the second bridge, turn **LEFT** off the road and follow the road down and around to the left. Follow the road along the river (to the West) until you get to the power boat clubsheds.

From Foxton:

Travelling towards Levin, travel over the first long land bridge and turn **LEFT** off the main road. Follow the road round to the left which loops under the bridge and takes you along the road (West) down to the power boat clubsheds.

If lost or confused, phone 021682510 or 0210425533

LEAVING THE AREA:

All traffic must go under the road bridge and approach the main road from the Eastern side of the highway. Please take care re-entering onto the main highway, as the bridge makes it difficult to see oncoming traffic which is travelling at 100km.