1 STANDARDS

All events shall be rowed according to the NZRA Rules of Racing, Regulations for Regattas and Directives, and the Conditions of South Island Rowing Inc.

This Regatta is a sanctioned regatta under the water safety code of Rowing NZ and an exemption from the requirements of MSA 91 for competitors [excluding coxswains] to wear flotation aids has been granted.

2 DISTANCE

All events except the Adaptive events that race over 1000 meters will be rowed over a 2000-meter eight lane Albano course, with markers at every 500m. Lanes 1-8 shall be available for all events.

3 TIME

The Regatta will commence at 8am on Tuesday 17th February 2015 and continue through to Saturday 21st February 2015 with heats, repechages and semi-finals as required. Heats will be rowed for all events including straight finals but excluding the Adaptive Events, and excluding event 47 if it is a straight final.

The Heat finishing order for events with straight finals will determine the lane allocation for the final. Race times will be indicated on the day sheet for each day's racing.

Heats, if required, for the U19 events will be held on Friday 20th February as indicated in the programme.

Finals for Events 1-12 will be held on Thursday Afternoon.

36

Sunday 22nd February will be the official spare day for the Regatta in case further time is required to complete the regatta due to earlier postponements.

4 PROCEEDING TO START

All crews must proceed to the start on the outside of the course unless specifically directed. (See Course Map) Crews must not proceed to the start on the course or cross the course when a race is in progress.

Crews must be in the START zone at least five minutes before the advertised start time of their race. The race will take place without reference to absentees. The starter will inform the crews of the time remaining before the start at appropriate intervals.

5 START PROCEDURE

Crews are to be held in their positions two minutes before the start time. Crews arriving late but before the start of the race automatically incur a penalty false start. Crews arriving after start time are liable to disqualification. (See Rule 55 for details)

The full roll call start procedure shall be used for all races unless crews are otherwise advised.

THE START AREA IS A QUIET ZONE

6 NON-START RETURNS

For safety reasons, non-starters must return to the Boat Park on the regatta course as directed by a Race Official.

7 NUMBERS

All boats must carry their correct Lane Number (Alpha-Numeric) as supplied by the regatta organisers. The number displayed must be that designated in the draw and must read correctly to Judges during racing. No other numbers will be permitted.

8 RACING COLOURS

Every competitor (excluding coxswain) must wear a uniform in club colours.

The Race Committee or Umpire may authorise the wearing of an alternative singlet.

Crews entered in under 19 races comprising rowers from one (the same) school are permitted to row in that school's colours.

Prior agreement is essential.

Crews representing RPC Squads must adhere to article 38 of the constitution in particular to article 38.6 which states

"RPC selected crew members shall wear the colours of the Clubs from which they derive at all interclub regattas and National Championships. However, Clubs, whose members are represented in an RPC crew, may by unanimous written agreement, decide that the rowers in that crew shall wear RPC colours."

The agreement must be lodged with the regatta secretary at least 24 hours before the first race for the crew in question. An RPC selected crew will be disqualified if they are found to be in breach of this rule and this regatta condition.

9 TITLE ELIGIBILITY

Crews not representing New Zealand clubs may be invited to take part in the regatta, but are not eligible to hold New Zealand Championship titles for the Championship events. The first New Zealand crew will be awarded the New Zealand Championship title.

Medals shall be presented to the crews placed first, second and third in the A final of all events.

10 COXSWAINS LIFE JACKETS

All must wear an approved type of Life Jacket at all times whether racing or training. The life-jacket is to be suitable for the coxswain's size and weight, and worn outside all other clothing. Self-inflating or automatic-inflating life-jackets are not acceptable. Penalty for non-compliance will result in the crew being removed from the race or possibly the event.

11 COXSWAINS WEIGHTS

All crews: 55kg minimum. (Refer: NZRA Rule 22) To make up these weights, dead weight up to 20 Kg may be carried. Deadweight must be of solid substance, and not attached to the person. (refer to rule 22)The Coxswain is gender independent.

Coxwains must bring their own weights which are to be secured together or contained so that it is clearly identifiable as dead weight. Spanners and other tools are not acceptable as dead weight. If inadequate weight is carried in a race, the crew will be subject to being relegated to last place in that race or other penalty imposed by the Race Committee.

12 LIGHTWEIGHTS (Rule 15)

A Lightweight men's crew (excluding coxswain) shall have an average weight not exceeding 70kg. No individual Lightweight male rower may weigh more than 72.5kg.

A Lightweight women's crew (excluding coxswain) shall have an average weight not exceeding 57kg. No individual Lightweight female rower may weigh more than 59kg.

Single Sculling Maximum weights are:

Female: Maximum per individual 59kg **Male:** Maximum per individual 72.5kg

13 COXSWAINS WEIGH IN

Coxswains shall be weighed in rowing costume, excluding the life jacket not less than one hour and not more than two hours before their first race on each day of racing. Thereafter they may be check weighed prior to and/ or after each race in which they are competing. (Refer NZRA Rule 22)

14 LIGHTWEIGHTS WEIGH IN

Shall be weighed in rowing uniform not less than one hour and not more than two hours before their first lightweight race in which they are competing on each day of racing. A club representative should attend the weigh-in. (Refer NZRA Rule 15).

15 SUBSTITUTES

Substitutes are subject to NZRA Rules 46 and 47 and must be advised to the Regatta Control via the Regatta Secretary prior to the first race for the event in which the crew is entered.

16 PROTESTS

Any objections shall be made to an Umpire, Judge or member of the Race Committee before leaving the boat, except in unavoidable circumstances. The protest is to be confirmed in writing immediately afterwards to the Race Committee and must be accompanied by a deposit of \$50. This shall be forfeited if the protest is not upheld.

In any case all protests must be lodged within one hour of the completion of the race. (Rule 72 & 73)

17 LANES

Six lanes (1 to 6) will be used for all Championship events. Eight lanes (1 to 8) will be used for all other events.

18 REPECHAGES & PETITE FINALS

REPECHAGES will be rowed following a modified FISA system. There will be Petite Finals for events that have semi finals plus the U 19 events that have more than 17 entries. Crews will be allocated to heats by a computer allocated draw.

For repechages, crews will be drawn from the centre lanes so that the best performed crews from earlier rounds will be allocated the centre lanes (lanes 3/4 for 6 lane races and 4/5 for 8 lane races).

For finals the draw will be from lanes 3/4 for 6 lane races and from 4/5 for 8 lane finals.

For event 42, 47, and 65, where there are straight Finals, the lane allocation shall be drawn by computer.

Should it be desirable, the Race Committee reserves the right to adjust the lane draw to enhance the television coverage of the regatta. Every endeavour will be made to maintain the racing structure as proposed. However, the Race Committee reserves the right to alter, for any reason it sees fit, the programme as published.

19 BOW COXED BOATS

Shall provide an opening for the coxswain at least 700 mm long and be as wide as the boat for at least 500-mm. The interior surfaces shall be smooth and without any projections that would hinder rapid egress. A fixed bulkhead shall be provided at a suitable distance from the backrest to suit the coxswain's height so they can push themselves clear of the cockpit easily. The steering mechanism must not hinder egress, by projecting into the coxswain's enclosure.

20 BOAT WEIGHT (Ref Part 3 NZRA Rules)

All boats must comply with NZRA Rule 26

I.e. Minimum weights are:

1X =	14Kg,	2X	=	27Kg,
2- =	27Kg,	4X	=	52Kg,
4- =	50Kg,	4+	=	51Kg,
8+ =	96Kg.	4X+	=	53Kg.

All boats should be weighed prior to the commencement of the Regatta and all will be subject to random weighing during the Regatta.

21 FLAG SIGNALS

Green: Regatta is on. **Yellow:** Regatta postponed. **Red:** Course Closed.

22 TRAINING

The course is defined as the area that is on the finish side of the start line and the start side of the finish line. It also extends from the finish line to the launch area. Movement patterns are defined in the "ROWED CODE" pictured below. The course is closed to all rowing from 30 minutes before the first race until 30 minutes after the last race.

Training on the course outside racing hours will only be permitted at the times agreed by the Chief Umpire. At those times, there will be safety boats patrolling the course only and crews are expected to follow the direction of racing. Times will be advised by the Regatta Secretary and indicated by the flag signal at regatta control.

All training will be subject to the Environment Canterbury Navigation Safety ByLaw 2010, the NZRA Safety Rules and the MSA Rules (MSA 91.) Any Crew breaking these training rules may receive a penalty including disqualification from the Regatta.

23 FEES (ex GST)

CLASS OF BOAT	FEE	CLASS OF BOAT	FEE
Eights	\$60.00	Fours/Quads	\$45.00
Pairs / Doubles	\$36.00	Singles	\$28.00
Late Entry Fee:	\$25.00		

Plus an Amenity Charge of \$24.00 per competitor & RNZ seat levy of \$ 1.00, including Coxswains. GST at 15 % is to be added to all fees and charges.

24 SAFETY

Safe practices are to be used at all times. Safety equipment is available for the regatta only. The minimum safety requirements are defined in the NZRA's Safety policy.

The Safety Briefing for all clubs other than clubs/schools rowing in the U19 events is compulsory attend and will take place at 5pm on the Monday preceding the regatta, The U19 safety briefing will be held one hour prior to racing on the Friday.

While the Lake is closed for the regatta, any use of the lake is subject to the Environment Canterbury Navigation Safety Bylaw 2010, the NZRA Safety Rules and the MSA Rules (MSA 91)

25 CREW RECOGNITON

There have been a number of instances where there have been difficulties with crew recognition. To solve such difficulties, photographs of the individual crews may be taken at the start or finish of any race and held as part of the official records of the event.

26 CLASSIFICATIONS Refer Section 2 NZRA Rules REFER RULE 11 - CLASSIFICATION OF ROWERS

- **A Season -** A season commences on the 1st of September in each year and ends on the 31st of August.
- 2 Classification Men and Women rowers are classified according to
 - (a) Gender
 - (b) Ability and where applicable
 - (c) Age
 - (d) Weight.

Classification by gender, by age or by weight shall not be affected by classification according to ability.

2.1 Classification according to gender _ All crews and races shall be limited to members of one gender except for the coxswain who may be of either gender, and the Adaptive Double which is a member of both genders.

2.2 Classification according to ability -

A. Novice class -

Novice class classification according to ability shall be established immediately after the New Zealand Secondary Schools Rowing Championships of the previous season.

A Novice Rower is: a rower who has not raced in a regatta

Clubs are required to check eligibility against this Rule rigorously before submitting entries.

B. Club class -

- 1. Rowers ineligible to row in club class include:
 - a) A rower who has won an Under 20, Under 22, Senior, Premier, Championship, Lightweight classification race, or who represented a Regional Performance Centre, within the previous two seasons.
 - b) A rower who has competed within the previous two seasons as a New Zealand representative in any New Zealand Elite, Under 23, Junior Crew, Youth Olympic Crew, New Zealand Academy crew, New Zealand Development crew, or any other similar New Zealand representative crew as may be defined by the NZRA.

C. Senior class –

Rowers ineligible to row in the senior class are those rowers selected to row for a Regional Performance Centre crew in the current season.

D. Premier class -

All rowers shall be eligible to row in the Premier class.

2.3 Classification according to age -

A. In all age group events rowers must produce verification of age by producing a birth certificate if called upon.

1. The reference date is 1 January in the season of the regatta

A rower may row in an age limited event if they are under the specified age limit on the 1st of January in the season of the regatta - i.e. a rower can compete in an Under 19 or Under 20 or Under22 event if they are under the age of 19, 20 or 22 on the 1st of January in the season of the regatta

27 RULE 18 - COMPOSITE CREWS:

1. Composite crews comprising rowers from clubs from any one or more Local Association may be entered in any four, quadruple sculls and eights events except the Premier Coxed Four with the written approval from the Associations.

2. Substitution

- Rowers entered in a composite crew shall be subject to the same rules for substitution as other
 crews provided that any replacement rower/s is a member of one of the Local Association
 represented in the original entry. In the case of any entry made by an RPC the substitute must
 be a contracted athlete to the RPC.
- A rower may not row for a designated RPC crew and a non RPC designated crew at the regatta except in the case of the Men's Premier Coxed Four. (Rule 19.e)

28 DISCLAIMER

South Island Rowing Inc reminds all rowing organisations and rowers participating in this Regatta that while every care will be taken by the regatta officials to ensure that the regatta is conducted safely and efficiently in accordance with the Rules of Racing established by the New Zealand Rowing Association, it is the responsibility of clubs/schools to ensure that those rules are complied with and of the rowers to comply with them to ensure safe rowing activity.

Further, it is a condition of participation in this regatta that all participants accept and note that no liability either in tort or any other nature whatsoever is accepted by or will attach to the New Zealand Rowing Association Inc or South Island Rowing Inc for any harm, damage, loss, costs, expenses, inconvenience, interference of whatever nature and whatever kind including any damage to equipment or injury to persons of whatever nature incurred in the course of or in connection with or in any way related to the regatta regardless of whether any error or omission, wrongdoing, oversight, negligence or other tort whatsoever on the part of any regatta official or other person may be established.

All rowers must have a full competition licence that is valid throughout the regatta to compete.

29 TEAM MEETING

The pre-race team meeting will be held at 5:00 PM on Monday February 16th. A representative of every Club participating in the Regatta (except for the under 19 events) must be present. A roll call will be taken. Officials meeting will follow at 6:00PM.

30 APPROVALS

The Domestic Rowing Committee of the New Zealand Rowing Association has approved this programme along with the Regatta Conditions.

31 RANDOM DRUG TESTING

As a condition of entry into this regatta, rowers may be required to undergo tests for substances prohibited by Rowing NZ's anti-doping code, the International Rowing Federation, FISA and the IOC. Such tests will be undertaken by the New Zealand Sports Drug Agency who will be acting in an independent capacity under the NZ Sports Drug Agency Act.

32 CAUTION

The safety of all participants is of prime importance and every effort is made to accommodate the wishes of rowers. We have found from experience that the weather plays an important role in the

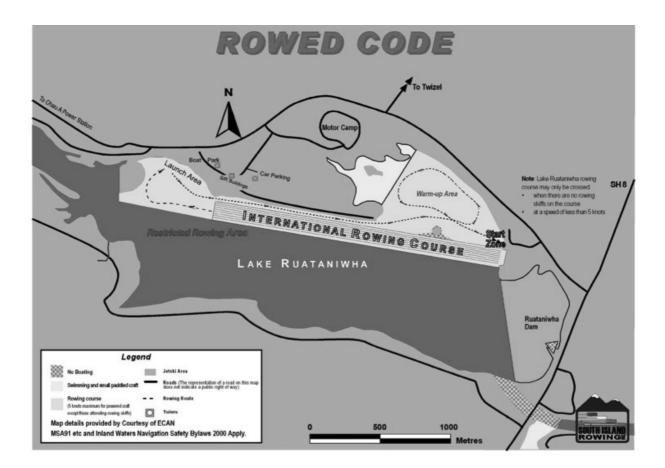
sport and the associated safety impact should not be underestimated. Training time will be available on Monday from 9:00 AM weather permitting. A red flag will be flown if the course is closed. This signifies that there are no safety facilities available on the course and no monitoring of any activities on the water. Anyone attempting to train on the Lake at that time does so at their own risk.

33 SECRETARYS OFFICE

The Secretary's office will be open from 9:00 AM on Monday morning and every following morning 60 minutes prior to the scheduled start time and remain until 60 minutes after the last race of the day.

34 OFFICIALS

South Island Rowing Inc and Rowing NZ appreciates the assistance of the many volunteers who assist with the running of the Championship Regattas



LIST OF TROPHIES

Men's Championship Events

EVENT	TROPHY	HOLDER
Single Sculls	Sir Bernard Freyberg Cup	North End RC
Double Sculls	WA Stevenson Trophy	Blenheim RC
	JM Dempster Cup	Wairau RC
Quadruple Sculls	West End Trophy	Blenheim RC
		Picton RC
		Wellington RC
		Wairau RC
Coxless Pair Oar	A W Newton Memorial Cup	North End RC
		Avon RC
Coxless Four Oar	Rolf Porter Trophy	Aramoho Wanganui RC
		Wellington RC
		Wairau RC
Coxed Four	Hallyburton Johnstone Trophy	Waikato RC
	Robert Cashman Trophy	
	Boss Rooster	
Eight Oar	Sun Cup	Te Awamutu RC
	Rub's Rooster	Waikato RC
	Alan Boykett Trophy	

Women's Championship Events

EVENT	TROPHY	HOLDER
Single Sculls	Cato Cup	Hawkes Bay RC
	Stephanie Foster Trophy	
Double Sculls	C H Hilliard Cup	Canterbury RC
		Otago University RC
Coxless Pair Oar	Patterson Cup	Star BC
		Union BC
Coxless Four Oar	Skelton Cup	Star BC
		Union BC
		Wairau RC
Quadruple Sculls	Milne Cup	Cambridge RC
		Rotorua RC
		Tauranga RC
		Waikato RC
Eight Oar	Max Smith Ruataniwha Trophy	Avon RC
	Horowhenua Rosebowl	Canterbury RC
		North End RC
		Oamaru RC
		Otago University RC
		Waihopai RC

Women's Lightweight Championship Events

EVENT	TROPHY	HOLDER
Single Sculls	Michels Cup	North End RC

Centennial Oar: Awarded to the most successful Club in all events. (Points accumulated on a per club

basis).

Holder: Avon

Centennial Scull: Awarded to the club gaining the most points in sculling events. (Points awarded as

above)

Holder: Hawkes Bay

Hallyburton Johnstone Rose Bowl

Awarded to the Leading Rowing Province. (Points are gained on a 3.2.1 basis for first

second and third in each event. Points are accumulated provincially).

Holder: Canterbury Rowing Association

The BankLink RPC Trophy

Awarded to the most successful Regional Performance Centre (Points are gained on a 3.2.1 basis for first second and third in each event). Points will only be awarded to RPC

nominated crews **Holder: Southern**

Presentation of Medals and Trophies

The presentation ceremony is an integral part of the regatta. It has considerable impact on all those viewing the proceedings and all medal recipients are expected to attend and take part in these proceedings.

The medals will be following the conclusion of the subsequent event. (eg. The presentation for event 1 will occur after the completion of the final for event 2)

Winning crews will disembark from their boats at the boat pontoon at the back of the medal dais.