



AON

**NEW ZEALAND
UNIVERSITY ROWING
CHAMPIONSHIPS**

29 - 30 MARCH 2024 . LAKE KARĀPIRO

Introduction

This guide is designed to give you details for the 2024 Aon New Zealand University Rowing Championships.

While all attempts have been made to include as much as possible, if you at any stage need help with anything please get in touch and let us know.

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Key Dates

Below is a table of key dates to remember and things that need to be completed by.

| | | |
|-----------------|-------------------------------------|--------------------------|
| 15 March | New rower form to Kate | |
| 19 March | rowIT Entries Open | 10am |
| 21 March | International rower deadline | |
| 22 March | Full team list to Kate | |
| 26 March | rowIT Entries Close | 10pm |
| 29 March | Championship 8+, Champ Mixed 4x+ | Lake Karāpiro, Cambridge |
| 30 March | 2000m Racing | Lake Karāpiro, Cambridge |
| 31 March | Trans-Tasman Trials | Lake Karāpiro, Cambridge |

Event Schedule

Events 1, 2 and 3, the Men's and Women's Championship 8+s and Mixed 4x+ will be raced as a straight final on the Friday afternoon between 15:00 – 16:00.

| | | | | | | | | | |
|-----------|-------|---------|--------------|----|-----------|-------|---------|--------------|-----|
| 4 | 8:00 | Men's | Varsity | 2x | 20 | 12:10 | Women's | Championship | 4+ |
| 5 | 8:10 | Men's | Tournament | 4+ | 21 | 12:20 | Men's | Tournament | 8+ |
| 6 | 8:30 | Women's | Novice | 8+ | 22 | 12:30 | Men's | Championship | 1x |
| 7 | 8:50 | Women's | Varsity | 4+ | 23 | 12:50 | Women's | Novice | 4+ |
| 8 | 9:00 | Men's | Championship | 2x | 24 | 13:00 | Men's | Varsity | 2- |
| 9 | 9:10 | Women's | Championship | 1x | 25 | 13:20 | Women's | Varsity | 1x |
| 10 | 9:20 | Men's | Varsity | 8+ | 26 | 13:40 | Women's | Championship | 4x+ |
| 11 | 9:30 | Men's | Novice | 4+ | 27 | 14:00 | Men's | Lightweight | 2- |
| 12 | 9:50 | Women's | Lightweight | 2x | 28 | 14:20 | Men's | Novice | 8+ |
| 13 | 10:10 | Men's | Championship | 4+ | 29 | 14:30 | Men's | Championship | 4x+ |
| 14 | 10:20 | Men's | Varsity | 1x | 30 | 14:50 | Women's | Varsity | 2- |
| 15 | 10:30 | Women's | Varsity | 8+ | 31 | 15:10 | Men's | Varsity | 4x+ |
| 16 | 10:50 | Women's | Tournament | 4+ | 32 | 15:30 | Women's | Championship | 2- |
| 17 | 11:00 | Women's | Championship | 2x | 33 | 15:40 | Women's | Tournament | 8+ |
| 18 | 11:30 | Men's | Varsity | 4+ | 34 | 15:50 | Women's | Varsity | 4x+ |
| 19 | 12:00 | Women's | Varsity | 2x | 35 | 16:10 | Men's | Championship | 2- |

Divisions will be run for all events. Universities are strongly advised to make sure that they number their crews with their best crew number 1 downwards e.g. Victoria 1 should be a better crew than Victoria 2. Times will be used to determine the winners for all events.

The racing conditions will be monitored for fairness, where conditions change or are deemed to be unfair between divisions by the race committee, medals and points will only be awarded to division one.

Note: these times should be used as a guideline. The regatta organisers may alter these slightly if any time can be saved. These will be notified prior to the regatta starting.

University & Tertiary Sport NZ

The 2024 Aon New Zealand University Rowing Championships will this year be part of the University and Tertiary Sports NZ (UTSNZ) national tertiary championship calendar.

As such, the winning university will be crowned the UTSNZ national tertiary rowing champion. The results will also contribute points towards finding the UTSNZ Overall National Tertiary Champion who will be crowned at the year's final national tertiary sport event.

For details on how the UTSNZ awards will be calculated, please see the Awards section.

Entries

The entry process will be handled by the University, and this should be done by the support person from your rowing club. They will also need to fill in the new rower spreadsheet. A new rower is someone that has never competed for your Uni before but has competed before at other regattas. This is so we can reduce the duplicates in the RNZ database and also that the correct person's results show on rowIT.

If you do not have a Rowing NZ or rowIT login for your university, please let Kate know ASAP so she can arrange for one to be created.

In addition to this, once entries are open a spreadsheet of your entire squad will need to be sent to Kate so accreditation checks can be done. This will confirm that each competitor is a legitimate student and that those entered into the Championship 8+ events meet the minimum study requirements.

The entry fee is \$60 per competitor, including GST.

Code of Conduct & Participation Agreement

All participants are required to sign the UTSNZ Participation Agreement which includes acknowledgement of the UTSNZ Code of Conduct, the UTSNZ Clean Sport Commitment and UTSNZ Eligibility Rules.

Your team support person will have copies of the agreement available to read as well as a signee form that all participants must sign before competing. Copies of the agreement and policies can be found on the UTSNZ website [HERE](#).

Accreditation

Accreditation that has not been completed prior to the event will be completed at the following times and locations. All athletes must be accredited prior to their first race.

| Time | |
|---|-----------------------------------|
| Friday 29 March 13:00 – 14:30 Waipa Room, Sir Don Rowlands Centre | Championship 8+s, mixed 4x+s only |
| Friday 29 March 14:30 – 16:00 Waipa Room, Sir Don Rowlands Centre | All others |
| Saturday 8 April 07:00 – 10:00 Waipa Room, Sir Don Rowlands Centre | All others |

Crews competing in the Championship 8+ will need to satisfy the entry requirements i.e. be enrolled in 3 or more undergraduate papers at the time of the regatta.

Championship Eights and Mixed Quads

The Men's and Women's Championship 8+s and mixed Quads will be held on the Friday afternoon. The women's race will start at 15:00 and the men's race will begin at 15:10, the mixed 4x+ will be held at 16:00. Clubs are asked to have different coxswains and boats for all three events.

A safety briefing for those crews will be held at 13:00 at the Sir Don Rowlands Centre, Lake Karāpiro, Cambridge. Attendance by all crew coaches, strokes and coxswains is compulsory for all Championship 8+s and Mixed Quads.

Selected NZ Under 23 and Elite Athletes

For clarity, Rowing NZ High Performance staff have taken the following position with selected Elite and U23 athletes.

- Selected Elite athletes will be **unavailable** to compete;
- Selected Under 23 athletes are **available** to compete.

Rules of Racing

All events will be raced under the NZURC Rules of Racing 2022.

Composite crews will be allowed – see Rule 16.

Classification Grades (Updated August 2022)

IMPORTANT: it is first of all, the responsibility of the rower and then the University to make sure your rowers are racing in the correct grade. rowIT will not always pick up all the University racing rules when grading rowers into the system - Do not allow your crews to be disqualified due to a rower racing in the wrong grade.

Novice grade - The novice grade competitors must not have rowed or received any rowing coaching prior to February 1st of the current year.

Tournament grade - The tournament grade is for competitors who have only ever raced at University Rowing Regattas or only raced a novice season at club/school and was not a medallist at the NZ Championships or NZSSRA Championships during that season.

Varsity grade - Rower's ineligible to row in Varsity grade include:

- a) A rower who has won an Under 20 or Under 22, Senior, Premier, Championship, Lightweight at the New Zealand Rowing Championships, or who has represented a Rowing Performance Centre, within the previous two seasons;
- b) A rower who has competed within the previous two seasons as a New Zealand representative in any New Zealand Elite, Under 23, Junior Crew, Youth Olympic Crew, New Zealand Academy crew, New Zealand development crew, New Zealand University crew (excluding Trans-Tasman Lightweights), or any other similar New Zealand representative crew as may be defined by the Committee.

Championship grade - All rowers are eligible to row in the Championship grade.

To be eligible to row in the Championship 8+ at the University Championships, at the time of the regatta the competitor must be enrolled in 3 or more undergraduate papers at the time of the regatta unless;

- a) the competitor is in limited full-time study or;
- b) is in post graduate study, provided that they are enrolled in .25 EFTS (2 papers/courses in the calendar year of the regatta).

Lightweights

The maximum weight for lightweight women is 62kg and for men is 75kg. There are no average crew weight requirements. Weigh in commences 2 hours before the start time of the event and closes 1 hour before the start time. Competitors who fail to weigh in will not be permitted to race.

Crew Changes

It is important that any crew changes from those listed in the program are communicated to the Regatta Secretary. A maximum of 50% of the rowers entered is permitted to be changed. The names of all crew members and coxswains must be accurately recorded. Crew changes must be made at least 1 hour prior to the published race start time. Crews racing with incorrect competitors will be excluded.

Pre-Regatta Training

Any University wanting to train prior to the regatta need to ensure that they comply with the 2016 Water Safety Code for Rowing.

Failure to comply with these safety requirements will result in yellow cards being issued.

Awards

The following awards are being competed for at the 2024 Aon New Zealand University Rowing Championships

The Ashes

Awarded to the most successful University in all events. Points are accumulated on a 5 – 3 – 1 basis for first, second and third placing. Novice events receive double points.

UTSNZ National Tertiary Rowing Champion

The National Tertiary Rowing Champion will be crowned at the end of the regatta with the final results contributing to the overall National Tertiary Championship Shield.

Results from the following men's and women's races will determine the UTSNZ champion; Championship 8s, Varsity Doubles, Tournament 4s and Novice 4s.

Points are awarded per university in each race, not per boat or crew in each race or final.

UTSNZ Spirit Award

University crews and event officials will be asked to vote for the university who displays the highest level of sportsmanship throughout the regatta.

Votes may only be submitted once per university in a 3-2-1 format (i.e. 3 votes for 1st, 2 votes for 2nd and 1 vote for 3rd) and universities cannot vote for themselves.

Team managers will be approached on Saturday afternoon to complete the voting process on behalf of their university. The full list of award criteria can be found [HERE](#) in the UTSNZ Awards and Points Scoring Policy and will be explained to those voting on the day.

Prizegiving

Prizegiving for the regatta will take place 45 minutes after the last race, at the lake by the podium. If the weather is unsuitable, it will be moved inside to the Sir Don Rowlands Centre.

This should allow the last of your boats to be loaded prior to the prizegiving. Gold, Silver and Bronze Medals will be presented.

Winners T-Shirts's will only be presented to winners the coxed eight's events.

If you have a trophy, can you please bring it to the Uni Champs engraved and polished.

Ferry Subsidy or Boat Hire

Rowing NZ is again offering up to \$1000 for South Island Universities attending the regatta to go towards your ferry or boat hire costs. Proof of this being paid, or an invoice will need to be provided. If your organisation is GST registered, then the cost will be \$1000 + GST.

Rowing NZ has an arrangement with Bluebridge Ferries. This discount code is OARSOME and more details are available via the Rowing NZ website.

Coach Scholarship

Coach scholarships will be provided again this year. Each contribution is valued up to \$500 and the University Club is able to distribute this depending on their situation, but this must be stated on the application and spent accordingly.

Coaches eligible for this contribution must:

- Be a current named coach of the University Rowing/Boat Club and commit to 5-6 weeks training period leading up to University Championships
- The coach must be coaching at least one eight (or if no eight in their squad - a big boat)
- Have an acceptable attendance record for training (as noted by the University Rowing/Boat Club Representatives)
- Complete the official application form
- Provide receipts or requested paperwork

Club Support Person / Team Manager

Rowing NZ is again offering up to a maximum of \$1000 towards a support person in each University Club. This person should be used to complete administration, entries, uniform etc. for your university. They should also be the appointed team manager for regatta officials to contact on regatta day if they need to.

Payment will be made based on the number of rowers you have travelling to the regatta:

- up to 10 athletes - \$300
- 11-20 athletes - \$500
- 21-40 athletes - \$750
- 40+ - \$1000

Universities are asked complete the official application form.

Miscellaneous

No alcohol is to be consumed at the regatta at any time. This includes supporters, visitors, spectators and anyone else.

Any crew or crew member found guilty by the Race Committee of bringing the regatta, RNZ, or the sport of rowing into disrepute, on or off the water, may be disqualified from further participation and may be subject to disciplinary action by their university's disciplinary committee. There have been reported incidents of this in recent years and it will not be tolerated.