1 STANDARDS

All events shall be rowed according to the RNZ Rules of Racing and the Conditions of South Island Rowing Inc. This Regatta is sanctioned regatta under the water safety code of Rowing NZ and an exemption from the requirements of MSA 91 for competitors [excluding coxswains] to wear flotation aids has been granted.

2 SAFETY

Use of the lake is subject to Maritime NZ Rules and RNZ's Competition Safety Code, which is managed by Environment Canterbury.

NOTE: Non-compliance leads to penalties. Rowing, by its very nature has an element of danger associated with it and it is a responsibility of all participants to ensure that safe practices are to be used at all times. SIR safety equipment is available for the regatta only.

All participants need to be familiar with the safety documents mentioned above.

3 FLAG SIGNALS

Green: Regatta is on.

Yellow: Regatta is temporarily postponed.

Red: Course Closed

Blue: Regatta is abandoned

4 SAFETY MEETING

The safety briefing will be held in the McRae Lounge on **Friday January 29th**, **2016 at 7.30 p.m.** A representative of each club or school competing must attend and sign the attendance register. They will be responsible to convey any detail from the safety briefing to the competitors and coaches of that club or school. Any club or school failing to attend may **not be permitted to start**.

5 DISTANCE

The course is a 2000-meter lane Albano course with markers at every 500m and lanes 1-9. Up to nine lanes will be used for all events.

6 TIME

The regatta will commence on Saturday January 30th, 2016 at 7:30 a.m.

7 NUMBERS

All boats must carry the correct numbers. Alphanumeric numbers will be provided from the numbers hut close to the launching area. They have to be returned immediately after the race. Failure to return the number will result in a charge of NZD 25.00 per number not returned. The number displayed must be that designated in the draw and must read correctly to Judges during racing. No other numbers will be permitted.

8 PROCEEDING TO START

All crews must proceed to the start on the inside of the course unless specifically directed (see Rowed Code). Crews must not proceed to the start on the course or cross the course when a race is in progress.

Crews must be in the START zone at least five minutes before the advertised start time of their race. The race will take place without reference to absentees. The starter will inform the crews of the time remaining before the start at appropriate intervals.

9 START PROCEDURE

The start procedure is described in Rules 55 to 60 of the RNZ Rules of Racing.

10 NON-START RETURNS

For safety reasons, non-starters must return to the boat park outside lane 9 of the regatta course as directed.

11 RACING COLOURS

Every competitor (excluding coxswain) must wear a uniform in club colours. T-shirts or long sleeved sweatshirts may be worn uniformly under the official club uniform provided that the colour is the same as the body of the official club uniform or white. School and RPC crews may race in their specific colours. The Race Committee or Umpire may authorise the wearing of an alternative singlet and/or undergarment in case of adverse weather. Prior agreement for any variation is essential.

12 MEDALS

The members of the first, second and third placed crews of 'A' Finals will receive medals. Providing there are 3 or more crews in the race. Medals can be collected from the Medal Room under the Control Building. In the event of finals not being run, medal allocation will be based on the heat times.

13 COXSWAINS

Coxswains have to comply with RNZ Rule 22. All coxswains must wear an approved type of Life Jacket at all times during racing or training. The life jacket is to be suitable for the coxswain's size and weight, and worn outside all other clothing.

Self-inflating or automatic- inflating life-jackets are not acceptable. Penalty for non-compliance will result in the crew being removed from the race or possibly the event.

Coxswains are to provide their own dead weights (if required) and for each coxswain these are to be secured or contained in one package, which is clearly identifiable as dead weight. This may be check weighed at any time. Spanners and other tools are not acceptable as dead weight.

Coxswains shall be weighed in rowing costume **excluding** life jackets not less than one hour and not more than two hours before their first race on each day of racing. Thereafter they may be weighed prior to each race in which they are competing.

14 PROTESTS

An objection has to be made to the race umpire immediately after the finish of the race (RNZ Rule 72). A crew whose objection has been rejected or crews affected by the acceptance of the objection or crews disputing the published results may lodge a protest in writing to the Race Committee not later than one hour after the Umpire has communicated their decision regarding the objection. A deposit of \$50, which shall be refunded if the protest or appeal is allowed, shall accompany the protest.

15 REPECHAGES & PETITE FINALS

Repechages will not be rowed. 'B' finals will be rowed if deemed appropriate by the Race Committee.

16 SUBSTITUTES

Substitutes are subject to RNZ Rule 46 and Rule 47 and must be advised to the Regatta Control via the Regatta Secretary prior to the first race for the event in which the crew is entered.

17 SCRATCHINGS

All day one scratchings must be advised in writing to the Regatta Secretary by 10:00 AM or for earlier races, 30 minutes before the race start. Entry Fees for scratchings will not be refunded. All crews racing on day one, who qualify for racing on day two, are expected to race on day two, however scratchings are permitted without penalty if they are advised to the Regatta Secretary within four hours before the start of that race.

A Penalty Fee, as described in Clause 19 below, will be charged for all crews who fail to notify the Regatta Secretary of their intentions regarding changes, or who having progressed through the heats fail to race on day two.

18 TRAINING

Any crew training on the lake during the event must be accompanied by a suitably equipped motor boat (as defined in the Rowing NZ Safety documentation). Crews wishing to train on the lake must comply with the Maritime Safety Authority (MSA) and Environment Canterbury (ECAN) Rules, be within the allowable area of the lake (see map) and Coxswains must wear their life jackets while training. The SIR Safety and Risk Management Plan applies.

NO training will be allowed on the Lake during the Regatta.

19 FEES

The entry fee is \$9.80 per seat excluding coxswain (but including the NZRA Levy). A late scratching fee of \$40 and a failure to progress fee of \$50 will apply as necessary. GST at 15% is to be added to all fees and charges.

20 DISCLAIMER

South Island Rowing Inc. reminds all rowing organisations and rowers participating in this Regatta that while every care will be taken by the regatta officials to ensure that the regatta is conducted safely and efficiently in accordance with the Rules of Racing established by the New Zealand Rowing Association, it is the responsibility of clubs to ensure that those rules are complied with and of the rowers to comply with them to ensure safe rowing activity.

Further, it is a condition of participation in this regatta that all participants accept and note that no liability either in tort or any other nature whatsoever is accepted by or will attach to the New Zealand Rowing Association Inc or South Island Rowing Inc for any harm, damage, loss, costs, expenses, inconvenience, interference of what ever nature and whatever kind including any damage to equipment or injury to persons of whatever nature incurred in the course of or in connection with or in any way related to the regatta regardless of whether any error or omission, wrongdoing, oversight, negligence or other tort whatsoever on the part of any regatta official or other person may be established.

21 ENTRIES

The closing date for entries is **January 19**th, 2016 All Entries can made electronically from the rowing web site: www.rowit.co.nz

Note 1: Fax entries are not acceptable.

Note 2: Entries will only be accepted with Competition Licence Number.

Clubs are reminded that A Finals will run in 10 minute intervals. It is therefore necessary to have enough boats to ensure crews do not come late to the start. For the health of the rower it is recommended not to enter more than 3 races with at least 1 hour between two races.

22 PAYMENT

Payment based on the entry information at the entry close time is required before the start of racing. Any subsequent change will be completed after the regatta.

23 COMPOSITE CREWS

Composite are permitted in accordance with NZRA rule 18.

24 RANDOM DRUG TESTING

Rowers are reminded that random drug testing may be undertaken during this regatta by the New Zealand Sports Drug Agency.

25 BOAT WASHING

In response to the Didymo Bio-security Hazard it is a requirement that all boats and oars must be washed with detergent when entering into the boat park and when leaving the boat park. Facilities are available for this and your cooperation is appreciated.

***** No Wash, No Row ***** And when leaving ***** CHECK CLEAN DRY *****

26 NOTES

- Where more than one class is included in the same event, it will be rowed in divisions (Masters should indicate men or women).
- The event timing for each race in this regatta is critical and Clubs are expected to provide sufficient boats to avoid timing clashes.
- In completing the entry forms the essential items are the crewmember's Competition Licence number and the event number they are entering. No Licence Number, No Entry!
- NO cell phones or other electronic communication devices (capable of permitting communication with anyone outside the boat) are permitted to be carried in a boat whether switched on or off.
- It is recommended that in order to keep regatta entries to a reasonable and practical level no rower should be entered in more than four events. If regatta entry numbers are excessive consideration will be given to declining entries where any individual rowers are entered in more than four events.
- In addition to provisions in rule 19 of the rules of racing RPCs and High Performance Squads may enter all open events.