

2019 Mainland Interprovincial Championship Regatta

Lake Ruataniwha: 5th / 6th October 2019

Outline:

This regatta will be held in conjunction with, but independent of the R2K Singles Regatta. The general conditions (e.g. course details etc.) are the same as for the R2K Regatta.

Athletes who have been selected to row for New Zealand Internationally may enter the Mainland Interprovincial Championships but are encouraged to row in the open class events.

Athletes should, in the first instance, compete for the Province of origin, they may however, compete for the Province in which they are domicile during winter if not required by their own Province.

Associations are generally restricted to no more than two entries per event. Late entries to fill any gaps will be allowed. Note that only the one crew can collect points for their Province in each race; except in the M/W U20 1X & M/W U20 2- when the first two crews can collect points.

Typical Team Structure

U 20 Team

Members: 8 male and 8 female rowers, with no weight restriction
This team are to be Under 20 on 1st Jan 2020.

Boats classes offered are: Single, double, coxless pair, coxless fours and coxless quad

Open Team

Members: 4 Male and 4 Female rowers, with no weight restriction.
A Coxswain will also be needed.

Boats classes offered are: Double, Coxless pair, Coxless four (men only), Coxless quad (women only), Eight (a combination of no more than 4 open athletes plus at least 4 under 20 athletes)

Note 1: The typical team structure was the result of extensive discussions with each Association. The intent here was to minimise the numbers of people and boats required to be transported to the Lake. However, this is a guide to each Association and should they wish to increase the numbers of crews that is at their discretion.

Note 2: It may be that Associations wish to race a coxed four in either the U20 and/or Open events. In the first instance to get points, the crews in these races must be in the boat type listed. But if all Associations are represented with the alternative boat, then a separate division will be included and points allocated accordingly.

Event Order

Day 1:

Event 1:	Men's U20 Quad	2.30pm
Event 2	Women's Open Pair	2.40pm
Event 3	Women's U20 Quad	2.50pm
Event 4	Men's Open Pair	3.10pm
Event 5	Men's U20 coxless Four	3.20pm
Event 6	Women's Open Double	3.30pm
Event 7	Women's U20 coxless Four	3.50pm
Event 8	Men's Open Double	4.00pm

Day 2

Event 9:	Women's U20 Single	9.00am
Event 10	Men's U 20 Pair	9.15am
Event 11	Men's Open coxless Four	9.30am
Event 12	Men's U20 Single	9.45am
Event 13	Women's U 20 Pair	10.00am
Event 14	Women's Open Quad	10.15am
Event 15	Men's U20 Double	10.30am
Event 16	Women's U20 Double	10.45am
Event 17	Men's Open Eight	11.00am
Event 18	Women's Open Eight	11.30am

Entries

Entries close: 10pm Monday 30th September 2019

Entry: Via the ROWIT entry system.

Entry Fees: These are invoiced directly to each Association. The fees are \$300+ GST / Association

Points Points will be awarded on a per Association basis to the first boat representing their Association crosses the finish line. They will be accrued on a 5, 3,1 basis. No other boats will accrue any points.

Start Time: The start time proposed is at 2:30pm on Saturday or as directed by the day sheet.

Trophy: The province with the highest total of points wins the "Ruataniwha Trophy".

SAFETY: Any use of the lake is subject to the Maritime Safety Authority Rules and Regulations and the latest edition of the Environment Canterbury Inland Waters Navigation Safety Bylaws.

NOTE: Non-compliance leads to penalties

Rowing, by its very nature has an element of danger associated with it and it is a responsibility of all participants to ensure that safe practices are to be used at all times. SIR safety equipment is available

for the regatta only. The Safety requirements are defined in the SIR Safety and Risk Management Document.

The Safety policies and practices for rowing at this regatta are included in the New Zealand Rowing safety documents. (<http://www.rowingnz.kiwi/>) All participants need to be familiar with the safety documents mentioned above.