

2023 Mainland Interprovincial Championships

Lake Ruataniwha, Saturday 23rd September 2023

Outline:

Athletes who have been selected to row for New Zealand Internationally may enter the Interprovincial Championships but are encouraged to row in the open class events.

Athletes should, in the first instance, compete for the province of origin, they may however, compete for the province in which they are domicile during winter if not required by their own province.

Associations are generally restricted to no more than two entries per event. Late entries to fill any gaps will be allowed. Note that only the one crew can collect points for their province in each race; except in the M/W U20 1X & M/W U20 2- when the first two crews can collect points.

Team Structure:

U 20 Team

Members: 8 male and 8 female rowers, plus cox, with no weight restriction.
This team are to be Under 20 on 1st Jan 2024.

Boats classes offered are: Single, Double, Coxless pair, Coxless fours, Coxless quad and Mixed Eight.

Open Team

Members: 4 Male and 4 Female rowers, plus cox, with no weight restriction.

Boats classes offered are: Double, Coxless pair, Coxless four, Coxless quad, Eight (a combination of no more than 4 open athletes plus at least 4 under 20 athletes)

Masters Team

Members: 8 male and 8 female rowers, plus cox, with average age Group D

Boat classes offered are: Single, Double, Coxless Pair and Mixed Double open to all masters age groups and the masters handicap system will apply.
Coxless quad, Coxless four, Eight, Mixed coxless quad and Mixed eight with average age 50 years or more.

Note 1: The team structure is the result of past discussions with Associations. The intent here was to minimise the numbers of people and boats required to be transported to the Lake. However, this is a guide to each Association and should they wish to increase the numbers of crews that

is at their discretion. **However, only those crews containing the nominated team members will be awarded points, these crews should be the #1 crews and in the case of U20 #1 & 2 crews.**

Note 2:

It may be that Associations wish to race a coxed four in either the U20 and/or Open events. In the first instance to get points, the crews in these races must be in the boat type listed. But if all Associations are represented with the alternative boat, then a separate division will be included and points allocated accordingly.

Entries:

Entries close: 10pm Monday 18th September 2023

Entry: Via the rowIT entry system: <https://rowit.nz>

Entry Fees: These are invoiced directly to each Association. The fees are \$10 + GST per person.

Points: The points for the National and Master's Trophies will be awarded 10 for 1st, then 9, 8 etc. The points for North Island and South Island Trophies will be awarded on a 5, 3,1 basis for 1st, 2nd, & 3rd. No other boats will accrue any points, except in the M/W U20 1X & M/W U20 2- when the first two crews from an Association can collect points.

Start Time: The start time proposed is at 8.00am on Saturday or as directed by the day sheet.

Trophies: **National.**

The overall Open and U20 Team with the highest points will win the 'Wairoa District Council Shield'.

North Island.

The North Island Open and U20 Team with the highest points will win the 'Graeme Moran Trophy'.

South Island.

The South Island Open and U20 Team with the highest total points will win the 'Ruataniwha Trophy'.

The South Island Master's Team with the highest total points will win the 'Master's Oar'

The 'Edmonds Shield' will be contested between the Otago and Southland Mens' Open Eights.

SAFETY: Any use of the lake is subject to the Maritime Safety Authority Rules and Regulations and the latest edition of the Environment Canterbury Inland Waters Navigation Safety Bylaws.

NOTE: Non-compliance leads to penalties

Rowing, by its very nature has an element of danger associated with it and it is a responsibility of all participants to ensure that safe practices are to be used at all times. SIR safety equipment is available for the regatta only. The Safety requirements are defined in the SIR Safety and Risk Management Document. The Safety policies and practices for rowing at this regatta are included in the New Zealand Rowing safety documents. (<http://www.rowingnz.kiwi/>) All participants need to be familiar with the safety documents mentioned above.

Safety Briefing:

A pre-regatta safety meeting is to be held via Zoom at 7:30 PM on Wednesday 20th September 2023. A representative of each Association must attend before they are allowed to race. A role will be taken.

Annex A

Event Order and approximate times

Event #	Title		Time
1	Men's Masters Single	M Mst 1X	08.00
2	Women's Masters Single	W Mst 1X	08.05
3	Men's Open Double	M Open 2X	08.20
4	Men's U20 Coxless Quad	M U20 4X-	08.30
5	Women's Open Pair	W Open 2-	08.40
6	Men's Masters Pair	M Mst 2-	08.55
7	Women's Masters Pair	W Mst 2-	09.00
8	Women's U20 Coxless Quad	W U20 4X-	09.10
9	Men's Open Pair	M Open 2-	09.20
10	Men's U20 Coxless Four	M U20 4-	09.30
11	Women's Masters Coxless Four	W Mst 4-	09.45
12	Men's Masters Coxless Four	M Mst 4-	09.55
13	Women's Open Double	W Open 2X	10.05
14	Women's U20 Coxless Four	W U20 4-	10.15
15	Men's Open Coxless Quad	M Open 4X-	10.25
16	Mixed U20 Eight	Mx U20 8+	10.45
17	Mixed Open Eight	Mx Open 8+	11.05
18	Men's Masters Double	M Mst 2X	11.10
19	Women's Masters Double	W Mst 2X	11.15
20	Women's Open Coxless Four	W Open 4-	12.00
21	Women's U20 Single	W U20 1X	12.10
22	Men's U20 Pair	M U20 2-	12.20
23	Men's Open Coxless Four	M Open 4-	12.30
24	Women's Masters Coxless Quad	W Mst 4X-	12.40
25	Men's Masters Coxless Quad	M Mst 4X-	12.45
26	Men's U20 Single	M U20 1X	12.50
27	Women's U20 Pair	W U20 2-	13.00
28	Women's Open Coxless Quad	W Open 4X-	13.10
29	Men's U20 Double	M U20 2X	13.20
30	Mixed Masters Coxless Quad	Mx Mst 4X-	13.30
31	Women's U20 Double	W U20 2X	13.40
32	Mixed Masters Eight	Mx Mst 8+	14.10
33	Women's Open Eight	W Open 8+	14.30
34	Men's Open Eight	M Open 8+	15.00
35	Mixed Masters Double	Mx Mst 2X	15.10
36	Women's Masters Eight	W Mst 8+	15.50
37	Men's Master's Eight	M Mst 8+	16.00

All Masters events will be rowed over 1k.