

NORTH ISLAND ROWING CHAMPS - REGATTA SUMMARY	
Entries	Accepted from clubs, schools, and high-performance squads. Entries close at 8:00 am on Wednesday 18th January 2023
Format	Heats for all events are on Saturday and Sunday in the event order as published on rowIT. Which events are held on Saturday, and which are held on Sunday, will depend on the number of entries. All finals will be held on Monday.
Info on Senior Coxless Fours and Quads - Coxed boats can be used	<p>We appreciate that access to coxless boats may be an issue for some Schools with Senior ability athletes who want to race fours and quads. Coxed skiffs may be used in Senior Coxless Quad and Four events. You can do this either:</p> <ul style="list-style-type: none"> • Without a coxswain at all (we suggest you investigate attaching foot steering if you are doing this); or • With a coxswain, who will not be required to carry deadweight (for the purposes of the Rules, the crew is still considered coxless). Note: no handicap will be given if the crew includes a coxswain. <p>If you decide to use one of these two options, you will have a coxed skiff being used in a coxless event. In terms of boat weights, the weight for coxless skiffs still applies to this event (coxed skiffs are usually 1kg heavier than coxless skiffs).</p>
Entry Limits before Supplementaries	<p>Per rower: 3 events per rower, and no more than 2 small boats per rower (excluding pairs)</p> <p>Per event:</p> <ul style="list-style-type: none"> • Clubs: limited to 2 crews in singles and doubles events (excluding Premier and Senior) + 1 crew for each affiliated School not entering as a School • Schools: limited to 1 crew in singles and doubles events (excluding Premier and Senior)
Supplementary Entries	Supplementary entries will open at 10:00 am on Friday 20th January 2023 to fill lanes, so long as no extra heats are required. The entry limits above do not apply to Supplementary entries. All entry limits will be raised at 10:00 am on Friday 20th January 2023. There are no late entry charges for supplementary entries and the boat entry fee will be rebated for entries scratched before 8:00 am on Friday 27th January 2023 (i.e., 24 hours before start of regatta).
Composite Entries	Composite Crew entries require Local Association approval (the approval of each Local Association with athletes from their region in the boat). This must be provided to regattacontrol@karapirorowing.com or in writing to Regatta Control before the first race of the regatta.
Guidance for making entries	<p>Coaches should use the event order on rowIT to anticipate clashes before the draft schedule is published. When working out how far apart certain races may be, coaches should consider that races for consecutive events could take place as little as 4 minutes apart if there is only one Preliminary Heat, or if an event has only an A final (no B final).</p> <p>It is highly recommended that each athlete's events are separated by at least 7 other races on every day they could race those events. Events which are 8 apart on a given day could be $8 \times 4 = 32$ minutes apart in a worst case (for example, 8 events with only A finals raced if petite finals (e.g., B Finals) needed to be cancelled due to weather delays).</p>

Progression	<p>Entries are to Finals only:</p> <ul style="list-style-type: none"> • 1- 8 entries: Preliminary Heats used (see below) • Where there are more than 8 entries in an event, a two-round (Heats and Finals) qualification system will be used. • Petite finals (B Finals and possibly even C Finals) may be raced at Regatta Control's discretion. • Where there are more than 48 entries in an event, Timed Heats will be used. Timed Heats are heats which are seeded and raced side-by-side as normal, but progression to finals is determined using times rather than placings. For example, if we receive 50 entries in the Mens' Intermediate Double, competitors will race across 7 timed heats, and the crews with the 8 fastest times will progress to the A Final. <p>A mixture of placing based and time-based progression will be used (like at KRI Christmas Regatta 2022).</p>
Preliminary Heats	<p>Regatta Control will expect you will be racing a Preliminary Heat by default. If you wish to opt out, you must inform Regatta Control at least 60 mins before the scheduled race start time. If you fail to inform Regatta Control, the crew will be deemed a Did Not Start (which attracts a DNS penalty fee).</p> <p>All crews, other than those Excluded or Disqualified from the Preliminary, will race the final. Crews that do not place in the heats are randomly allocated to outer lanes. Where heats are running behind time, preliminary heats may be removed from the racing schedule. Where finals are running behind time or there is insufficient time to complete all finals, preliminary heats may be used to award medals.</p>
Training	<p>KRI has the lake booked on Friday 27th to Monday 30th January 2023. Training may be allowed while the lake is booked at KRI's discretion. KRI will provide information regarding any training before or at the safety briefing.</p>
Over subscription	<p>Due to the Timed Heats progression system option, no events will be considered oversubscribed. However, the regatta as a whole can still be oversubscribed, leading to a revised progression system.</p>
Coxswain Weigh-In	<p>Coxswains need to weigh in 1—2 hours before their first race of the regatta only (i.e., they only need to weigh in once for the whole regatta). Anybody substituted into a crew as a coxswain after the heats (e.g., as a medical substitution) who hasn't already weighed in earlier in the regatta must weigh in for the finals race.</p>
Boat Weighing	<p>Scales will be provided for test weighing. Some spot check weighing will also take place given this is required at Championship regattas and this is the last regatta before NZ Rowing Champs for club crews.</p>
COVID-19	<p>Substitutions and scratchings made due to COVID-19 will be considered to have been made for medical reasons. The Head Coach or another suitable official of the Club or School will need to certify the crew member's COVID-19 infection status via email to regattacontrol@karapirorowing.com, and the crew member will need to provide Regatta Control with an email or a screenshot of a text message from the Ministry of Health confirming the registration of their positive COVID-19 result.</p>

If you need assistance with understanding the above information, please email Regatta Committee member Josh Wedlake for help: jwedlake@diocesan.school.nz